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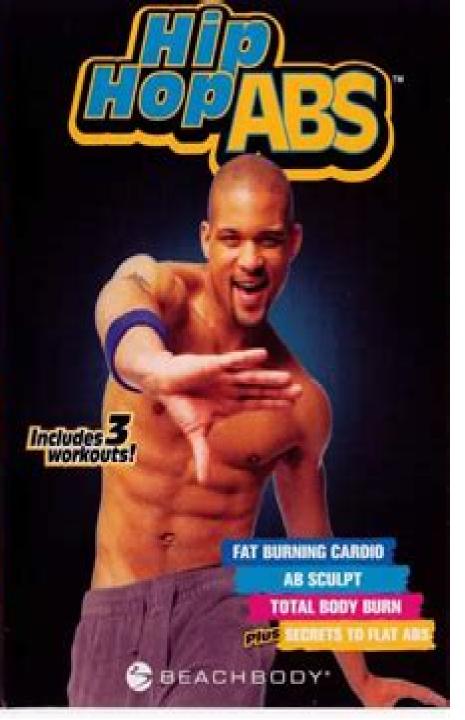






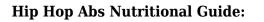






## **<u>Hip Hop Abs Nutritional Guide</u>**

**Sarah Hentges** 



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