

# Chapter 11

## Middle Adulthood: Ages 40 through 65

### Physical Changes During Middle Adulthood

Activity A  
Chapter 11

Name \_\_\_\_\_  
Date \_\_\_\_\_ Period \_\_\_\_\_

Complete the table by listing changes that may occur during middle adulthood. In the first two rows, list any physical changes specific to men or women.

Men	
Women	
Sensory skills	
Muscle mass and bone density	
Health concerns	

# Goodheart Willcox Worksheet Answers

**Deborah T. Hanfman**

A red circular graphic with a gradient, appearing as a partial circle or a thick curved line, located to the right of the author's name.

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