

Chapter 33: Assessment of the Cardiovascular System

MULTIPLE CHOICE

1. A nurse assesses a client who had a myocardial infarction and is hypotensive. Which additional assessment finding should the nurse expect?
- Heart rate of 120 beats/min
 - Cool, clammy skin
 - Oxygen saturation of 90%
 - Respiratory rate of 8 breaths/min

ANS: A

When a client experiences hypotension, baroreceptors in the aortic arch sense a pressure decrease in the vessels. The parasympathetic system responds by lessening the inhibitory effect on the sinoatrial node. This results in an increase in heart rate and respiratory rate. This tachycardia is an early response and is seen even when blood pressure is not critically low. An increased heart rate and respiratory rate will compensate for the low blood pressure and maintain oxygen saturations and perfusion. The client may not be able to compensate for long, and decreased oxygenation and cool, clammy skin will occur later.

DIF: Applying/Application REF: 652 KEY: Coronary perfusion| hemodynamics

MSC: Integrated Process: Nursing Process: Assessment

NOT: Client Needs Category: Physiological Integrity: Physiological Adaptation

2. A nurse assesses a client after administering a prescribed beta blocker. Which assessment should the nurse expect to find?
- Blood pressure increased from 98/42 mm Hg to 132/60 mm Hg
 - Respiratory rate decreased from 25 breaths/min to 14 breaths/min
 - Oxygen saturation increased from 88% to 96%
 - Pulse decreased from 100 beats/min to 80 beats/min

ANS: D

Beta blockers block the stimulation of beta1-adrenergic receptors. They block the sympathetic (fight-or-flight) response and decrease the heart rate (HR). The beta blocker will decrease HR and blood pressure, increasing ventricular filling time. It usually does not have effects on beta2-adrenergic receptor sites. Cardiac output will drop because of decreased HR.

DIF: Applying/Application REF: 644 KEY: Beta blocker| medication

MSC: Integrated Process: Nursing Process: Assessment

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