

# CPR GUIDE

## INFANT (< 1 Year)

In an emergency situation the DRSABCD flowchart must be followed first. If you have done so and deem CPR necessary for the infant then follow the diagrams below.



CPR is performed at a ratio of

**30** compressions



**2** rescue breaths



**01** Perform 30 compressions moderately hard and fast - at a rate of **100-120** per minute.



**02** Perform 2 rescue breaths.



If an AED is available - turn AED on and follow the AED's instructions.



Pad position for male/female infant

Alternate position for male/female infant if the pads would touch

**CONTINUE CPR UNTIL THE INFANT BREATHES NORMALLY OR MEDICAL PROFESSIONALS TAKE OVER**

If the infant resumes normal breathing then hold them in the recovery position and monitor their breathing until an ambulance arrives.

**Recovery position**

Cradle the infant in your arms with their head tilted downwards



# Infant Cpr Guidelines

**Janice K. Ledford**



## **Infant Cpr Guidelines:**

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