

Sports Physical Form

Athlete's full name: _____ Date of birth: _____

Age: _____ Sex: _____ Address: _____

Contact number: _____ Email address: _____

Sport: _____

Date of form submission: _____

If you're a student:

School: _____ Grade: _____

Father's name and contact details: _____

Mother's name and contact details: _____

If you're a professional athlete:

Sports team: _____

Emergency contact: _____

Questions	Yes	No
1. Has a doctor ever restricted/denied your participation in sports?	☐	☐
2. Have you ever been hospitalized or spent a night in a hospital?	☐	☐
3. Have ever had surgery?	☐	☐
4. Do you have any ongoing medical conditions (like Diabetes or Asthma)?	☐	☐
5. Are you presently taking any medications or pills (prescription or over-the-counter)?	☐	☐
6. Do you have any allergies (medicine, pollens, foods, bees or other stinging insects)?	☐	☐
7. Have you ever passed out during or after exercise?	☐	☐
8. Have you ever been dizzy during or after exercise?	☐	☐
9. Have you ever had chest pain or discomfort in your chest during or after exercise?	☐	☐
10. Do you tire more quickly than your friends during exercise?	☐	☐
11. Have you ever had high blood pressure?	☐	☐
12. Have you ever been told that you have a heart murmur, high cholesterol, or heart infection?	☐	☐
13. Have you ever had a racing of your heart or skipped heartbeats?	☐	☐
14. Has anyone in your family died of heart problems or sudden death before age 50?	☐	☐
15. Does anyone in your family have a heart condition?	☐	☐
16. Has a doctor ever ordered a test on your heart (EKG, echocardiogram)?	☐	☐
17. Do you have any skin problems (itching, rashes, staph, MRSA, acne)?	☐	☐
18. Have you ever had a head injury or concussion?	☐	☐

Generic Sports Physical Exam Form

J Rink



Generic Sports Physical Exam Form:

The Physical Exam Raymond E. Phillips, 2017-11-07 This book invites clinicians to take a fresh look at the routine physical examination by outlining in detail how they can adapt a more efficient regional approach to the exam activity By adopting the systematic sequence and focus provided in this novel title clinicians can offer a more modern physical examination one that may prove more productive than the methods taught in the pre imaging era *The Physical Exam An Innovative Approach in the Age of Imaging* offers a unique step by step sequence for the physical exam The text guides the clinician through a series of steps that involve observing touching and listening in an organized sequence region by region of all organ systems The general approach is applicable to every physical examination and can be modified when appropriate Express pathways are provided so that the clinicians can quickly assess the general health of the patient while focusing on the presenting problem A major contribution to the diagnostic literature the book offers a format and level of complexity that will be of significant value to internal medicine and family physicians emergency professionals nurse practitioners physician s assistants and medical students

Primary Care Tools for Clinicians Lorraine Loretz, 2005-01-01 Designed to save time and assist busy practitioners this book guides standardized assessment and documentation of a patient s condition by providing ready to use forms that represent the gold standard of current practice

Netter's Sports Medicine E-Book Christopher Madden, Margot Putukian, Eric McCarty, Craig Young, 2013-11-25 *Netter's Sports Medicine* by Christopher C Madden MD Margot Putukian MD FACSMD Craig C Young MD and Eric C McCarty MD is a reference designed to help you meet the challenges presented by your patients in this growing interdisciplinary field More than 1 000 Netter images along with photos of physical examination techniques and imaging examples provide a rich visual understanding while a bulleted text format combined with a user friendly organization by specific types of injuries as well as different types of sports makes reference quick and easy Discussions of a full range of sports traditional as well as less common ensure that the coverage is comprehensive and up to date From pre participation exams musculoskeletal injuries sports nutrition and sports psychology to general medical problems in athletes this reference equips you with the guidance you need to keep your patients at the top of their game Presents more than 1 000 Netter illustrations accompanied by photos of physical examination techniques radiographs and other imaging techniques including CT and MRI that equip you with a rich visual understanding of sports medicine Features a bulleted text format for quick read guidance Organizes information by specific types of injuries as well as different types of sports for an easy to access reference Discusses traditional along with less common sports for comprehensive coverage that is up to date Includes a section that examines considerations for specific athlete populations including children women the senior athlete and the physically challenged to help you meet their special needs Presents the cross disciplinary contributions of primary care physicians athletic trainers physical therapists dentists orthopaedic surgeons and others who provide a well rounded perspective on the subject Combines current evidence based information with expert

clinical guidance for a high yield reference ACSM's Sports Medicine Francis G. O'Connor, 2012-09-10 The field of sports medicine is evolving accelerated by emerging technologies and changing health care policies To stay up to speed and ace the Boards you need a resource that moves at your pace Sanctioned by the American College of Sports Medicine ACSM this handy review addresses all areas of the sports medicine subspecialty board examination with coverage that spans the full spectrum of sports medicine from medical to skeletal conditions related to the athlete The editors and authors include orthopedic surgeons family physicians pediatricians internal medicine specialists physiatrists certified athletic trainers physical therapists psychologists nutritionists exercise physiologists and more ensuring that you ll benefit from the broad spectrum of expertise embraced by the specialty Look inside and explore Seven convenient sections address general considerations evaluation of the injured athlete medical problems musculoskeletal problems principles of rehabilitation sports specific populations and special populations Comprehensive coverage includes all topic areas featured on sports medicine subspecialty board exams Easy access bulleted format makes essential facts simple to locate and recall Tables figures and algorithms make complex ideas easy to grasp and retain PLUS An online companion resource includes nearly 1 000 board style practice questions with rationale for correct and incorrect responses a great way to test your knowledge and improve your exam performance Athletic Training and Sports Medicine Robert C. Schenck, 1999 The third edition of Athletic Training and Sports Medicine is more specifically tailored to the needs of practising athletic trainers and primary care physicians although educators should find it a useful reference for students Many of the chapters from the second edition are supplemented and enhanced by new chapters The major topics covered include legal issues in sports medicine injury prevention evaluating the athlete physiology of the musculoskeletal system applied principles in treatment and rehabilitation the anatomy and physiology of the musculoskeletal system sports psychology medical conditions gender specific conditions and athletes with different abilities **Essential Sports Medicine** Gerardo Miranda-Comas, Grant Cooper, Joseph Herrera, Scott Curtis, 2021-04-02 Sports medicine is a popular medical sub specialty Sports medicine certainly overlaps with general musculoskeletal medicine but there are important differences to be aware of This book provides comprehensive pertinent information about sports medicine so that the busy clinician can find it accessible and practical Medical students residents and fellows will find the book useful for providing an accessible overview of the most salient points in the field of sports medicine *Pediatric Primary Care - E-Book* Catherine E. Burns, Ardys M. Dunn, Margaret A. Brady, Nancy Barber Starr, Catherine G. Blosser, 2012-02-14 Covering the full spectrum of health conditions seen in the primary care of children Pediatric Primary Care 5th Edition emphasizes both prevention and management from the unique perspective of the Nurse Practitioner Written by an expert editor contributor team it provides in depth evidence based guidance for assessing and managing health problems in children from infancy through adolescence Other key topics include developmental theory the health status of children today issues of daily living and cultural considerations Four part

organization includes an introductory unit plus units on child development the health management of children and diseases and disorders common to childhood UNIQUE Functional health patterns framework in Unit Three provides a lens for discussing health promotion through the various components of healthy living UNIQUE ICD framework in Unit Four addresses the classification used to code diseases in both hospital and outpatient settings UNIQUE Practice management chapter provides need to know information on managing a private healthcare practice including issues of productivity compliance with applicable laws quality of care indicators and successful business practices UNIQUE Environmental health chapter offers evidence based content on the effects of environmental toxicants such as tobacco smoke heavy metals and air pollutants An 8 page color insert presents over 40 photos that visually demonstrate key assessment findings for ear skin and other conditions NEW Pediatric Pain Management chapter addresses the increased recognition of pain as the fifth vital sign with expanded coverage of acute and chronic pain management in children Extensively revised and updated genetics chapter presents a new paradigm for addressing genetic considerations in clinical practice including an introduction to epigenetics Increased emphasis on health disparities explores the growing health disparities among children in the U S and worldwide and provides strategies to help patients and parents gain accessibility to health care resources NEW Content on implementing a medical home explores the trend toward family centered coordinated health care and fosters appropriate treatment for children with chronic disease NEW Updated coverage takes a more global approach exploring the health status of children outside the U S Expanded imaging content offers valuable guidance on using various imaging modalities including how to prepare the child for diagnostics

Handbook of Sports Medicine and Science Jonathan C. Reeser, Roald Bahr, 2008-04-15 This addition to the Handbook series is presented in five sections The first sections covers basic and applied science including biomechanics the physiologic demands of volleyball conditioning and nutrition The second section looks at the role of the medical professional in volleyball covering team physicians pre participation examination medical equipment at courtside and emergency planning The third section looks at injuries including prevention epidemiology upper and lower limb injuries and rehabilitation The next section looks at those volleyball players who require special consideration the young the disabled and the elite as well as gender issues Finally section five looks at performance enhancement

Telemedicine for Adolescent and Young Adult Health Care Yolanda N. Evans, Sarah A. Golub, Gina M. Sequeira, 2024-05-22 While there are general texts on telemedicine and guidelines on the use of telemedicine in pediatrics there are no texts focused specifically on the provision of health care to adolescents and young adults using telemedicine Adolescents and young adults have more unique health care needs than both adults and children including the need to receive developmentally appropriate services and care that may be provided in settings outside of the standard clinical office such as school based care In addition in most US states adolescents are capable of providing consent for some but not all medical care highlighting the critical importance of providing services in a manner that adheres to regulations around consent and confidentiality

Telemedicine for Adolescent and Young Adult Health Care offers readers case based content written by experts in the fields of adolescent medicine and telemedicine There are a variety of chapters that include an emphasis on equity diversity and inclusion and will include local and federal rules regulations and considerations for ensuring privacy in the modern electronic health record The first chapter offers a general overview and history of telemedicine The next one focuses on telemedicine and epidemics The chapters in the middle detail a variety of topics related to telemedicine such as confidentiality equity telemedicine and learners school based care telemedicine in primary care and ambulatory consultative care The book closes out by emphasizing additional populations such as youth involved in the juvenile carcel system homeless housing insecure foster involved youth and youth with developmental delay It is a valuable resource for adolescent medicine specialists pediatricians primary care physicians and any other professional who treats the adolescent population *Physical Fitness/sports Medicine* ,1981

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