

A close-up, low-angle shot of a person's legs and hands as they perform a deadlift. The person is wearing blue sneakers with red soles and black wristbands. They are lifting a barbell with large black weights from the floor. The floor is made of dark grey tiles.

INTERACTIVE LAB MANUAL FOR EXERCISE TESTING AND MEASUREMENT

JASON SIEGLER

Exercise Testing Manual

Anthony S. Fauci



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