

BLOOD SAMPLING GUIDELINES

GENERAL GUIDELINES

In general, the collection of blood samples meeting the following criteria can be approved by expedited review if the Human Research Committee finds that the blood collection poses only minimal risk to subjects. Although the removal of blood in these amounts is acceptable, the amount of blood withdrawn should be limited to that needed to meet the goals of the particular study.

Collection of blood samples by finger stick, heel stick, or venipuncture from healthy, non-pregnant adults who weigh at least 110 pounds poses minimal risk. For these subjects, blood may be drawn not more than twice per week, total amount not to exceed 550 cc in an 8-week period.

Collection of blood samples from all other adults (e.g., individuals who are ill or pregnant) and children must take into consideration the age, weight and health of the subjects, the collection procedure, the amount of blood to be collected, and the frequency with which it will be collected. For these subjects, blood may be drawn not more than twice per week, total amount not to exceed the lesser of 550 cc or 3 cc per kg in an 8-week period.

- + **Adults - Blood sampling in amounts of up to 250 cc, drawn at one time**
 - o In general, blood sampling in amounts totaling up to 200 cc may be removed from a volunteer subject that upon examination appears healthy, without further precaution.
- + **Adults - Blood sampling in amounts exceeding 250 cc, drawn at one time**
 - o The following guidelines apply when blood sampling in amounts exceeding 200 cc at one time is proposed:
 - + WEIGHT must be greater than 110 lbs (50 kg);
 - + PULSE must be between 55 and 100 beats/minute with no cardiac irregularity;
 - + TEMPERATURE must not exceed 37.5°C or 99.5°F;
 - + CBC should be drawn before sampling (and at the end of the sampling period if relevant; see below);
 - + HEMATOCRIT must be between 0.35 - 0.45 for females and 0.38 - 0.54 for males;
 - + or HEMOGLOBIN must be between 12.5 and 16;
 - + TOTAL VOLUME from one subject must not exceed 550 cc for any one sample;
 - + THERE MUST BE 6 WEEKS between samples, if multiple samples of 550 cc are required from one subject.

Monitoring

Subjects should be monitored after large volume phlebotomy to ensure that they are feeling well and able to resume regular activities, as happens after donation at a blood bank, i.e., check vital signs and ensure volume repletion with oral fluids.

Iron Supplementation

Iron therapy is not required for healthy adults with normal diets who donate blood infrequently; this is not recommended or required by blood banks. If an individual repeatedly donates blood up to the limits of 550 cc in 8 weeks, or there is other reason to believe it would be medically advisable, the investigators should consider rechecking CBC or hemoglobin at the conclusion of blood drawing (after repletion of volume status). If hemoglobin at the end of the sampling period is at or below the lower end of the normal range, iron therapy should be considered. Usually 320 mg ferrous sulfate or equivalent three times per day for one month should suffice. If iron therapy is offered, the consent forms and discussions with the subject should include discomforts and risks of iron therapy (i.e., GI upset, constipation, and black stools). Research funds should pay for repeat lab studies and iron therapy, if needed.

Human Blood Sampling Guide

Léo Pomar



Human Blood Sampling Guide:

Standard Operating Procedures and Regulatory Guidelines GP Saluja, GP Singal, 2023-08-25 [Interpharm Master Keyword Guide](#) Interpharm, 2003-05-27 This guide contains over 20 000 entries completely cross indexed and quoted in context to provide readers with instant access to every noun phrase and concept used by the Drug Enforcement Administration and U S Food and Drug Administration *Sport and Exercise Physiology Testing Guidelines: Volume I - Sport Testing* Richard Davison, Paul M Smith, James Hopker, Michael Price, Florentina Hettinga, Garry Tew, Lindsay Bottoms, 2022-03-22 Since its first published edition more than 30 years ago the BASES British Association of Sport and Exercise Sciences Physiological Testing Guidelines have represented the leading knowledge base of current testing methodology for sport and exercise scientists Sport and exercise physiologists conduct physiological assessments that have proven validity and reliability both in laboratory and sport specific contexts A wide variety of test protocols have been developed adapted and refined to support athletes of all abilities reach their full potential This book is a comprehensive guide to these protocols and to the key issues relating to physiological testing With contributions from leading specialist sport physiologists and covering a wide range of mainstream sports in terms of ethical practical and methodological issues this volume represents an essential resource for sport specific exercise testing in both research and applied settings This new edition draws on the authors experience of supporting athletes from many sports through several Olympic cycles to achieve world leading performances While drawing on previous editions it is presented in a revised format matching the sport groupings used in elite sport support within the UK sport institutes Building on the underpinning general procedures these specific chapters are supported by appropriate up to date case studies in the supporting web resources [Part - Anatomy & Physiology Laboratory Manual - E-Book](#) Kevin T Patton, PhD, 2014-12-02 Effectively master various physiology dissection identification and anatomic explorations in the laboratory setting with the Anatomy Physiology Laboratory Manual 9th Edition This practical full color lab manual contains 55 different A P lab exercises that cover labeling anatomy identification dissection physiological experiments computerized experiments and more The manual also includes safety tips a comprehensive instruction and preparation guide for the laboratory and tear out worksheets for each of the 55 exercises In addition 8 e Lab modules offer authentic 3D lab experiences online for virtual lab instruction 8 interactive eLabs further your laboratory experience in the digital environment Complete list of materials for each exercise offers a thorough checklist for planning and setting up laboratory activities Over 250 illustrations depict proper procedures and common histology slides Step by step guidance for dissection of anatomical models and fresh or preserved specimens with accompanying illustrations helps you become acclimated to the lab environment Physiology experiments centering on functional processes of the human body offer immediate and exciting examples of physiological concepts Easy to evaluate tear out lab reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs they have participated in Reader

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Guidelines for Blood-material Interactions National Heart, Lung, and Blood Institute. Working Group on Blood-Material Interactions, National Heart, Lung, and Blood Institute. Devices and Technology Branch, 1980 *Guidance on implementation of a quality system in blood establishments* World Health Organization, 2024-02-23 [Sport and Exercise Physiology Testing Guidelines: Volume II - Exercise and Clinical Testing](#) R. C. Davison, Paul Smith, James Hopker, Michael Price, Florentina Hettinga, Garry Tew, Lindsay Bottoms, 2022-03-13 Since its first published edition more than 30 years ago the BASES British Association of Sport and Exercise Sciences Physiological Testing Guidelines have represented the leading knowledge base of current testing methodology for sport and exercise scientists Sport and exercise physiologists conduct physiological assessments that have proven validity and reliability both in laboratory and sport specific contexts A wide variety of test protocols have been developed adapted and refined to support athletes of all abilities reach their full potential This book is a comprehensive guide to these protocols and to the key issues relating to physiological testing With contributions from leading specialist sport physiologists and covering a wide range of mainstream sports in terms of ethical practical and methodological issues this volume represents an essential resource for sport specific exercise testing in both research and applied settings This new edition draws on the authors experience of supporting athletes from many sports through several Olympic cycles to achieve world leading performances While drawing on previous editions it is presented in a revised format matching the sport groupings used in elite sport support within the UK sport institutes Building on the underpinning general procedures these specific chapters are supported by appropriate up to date case studies in the supporting web resources

Lab Manual on Blood Analysis and Medical Diagnostics Gayatri Prakash, This book provides comprehensive coverage enhancing the student s understanding of the basic principles underlying blood analysis physiology and medical diagnostics by various experiments encompassed into six units This manual deals with clinical analysis that can be performed in the undergraduate laboratories to provide hands on practice to the students of B Sc Life Sciences B Sc

Laboratory Manual of Biochemistry Dr. Prashant D. Aragade, Dr. N. B. Ghiware, Mr. Sushant Sudhir Pande, Dr. Seemadevi Suresh Kadam, 2024-02-16 We are pleased to put forth the Laboratory Manual of

Biochemistry This manual prepared according to the PCI B Pharm course regulations 2014 is divided into four sections qualitative analysis quantitative analysis estimation of blood parameters and catalytic role of enzymes The methods of all the experiments are drawn from the latest editions of official books such as the Indian Pharmacopoeia and research papers ensuring the inclusion of the latest advancements in methodologies or apparatus This manual is designed for outcome based education Each experiment follows a uniform format with sections for practical significance practical outcomes PrOs mapping with course outcomes theory resources used procedure precautions observations results conclusion references and synopsis questions Each experiment offers an opportunity for students to perform practical work developing proficiency in effectively managing equipment handling glassware chemicals reagents and writing analytical reports In addition the questions at the end of the experiments help to enhance students knowledge benefiting them as they pursue higher studies During the laboratory period you will need to juggle multiple tasks while performing the experiment It is essential to document your actions and observations thoroughly as you proceed Always plan your work ahead considering what you are doing why you are doing it what is happening and what conclusions you can draw from your experiment We acknowledge the help and cooperation of various individuals in bringing out this manual We are highly indebted to the authors of the books and articles mentioned in the references which were a major source of information for this manual We also thank the publishers designers and printers who worked hard to publish this manual in a timely manner We hope that this manual will be helpful to students in understanding concepts principles and performing procedures We wish you all the best

Manual of Molecular and Clinical Laboratory Immunology Barbara Detrick, John L. Schmitz, Robert G. Hamilton, 2020-07-16 THE authoritative guide for clinical laboratory immunology For over 40 years the Manual of Molecular and Clinical Laboratory Immunology has served as the premier guide for the clinical immunology laboratory From basic serology testing to the present wide range of molecular analyses the Manual has reflected the exponential growth in the field of immunology over the past decades This eighth edition reflects the latest advances and developments in the diagnosis and treatment of patients with infectious and immune mediated disorders The Manual features detailed descriptions of general and specific methodologies placing special focus on the interpretation of laboratory findings and covers the immunology of infectious diseases including specific pathogens as well as the full range of autoimmune and immunodeficiency diseases cancer and transplantation Written to guide the laboratory director the Manual will also appeal to other laboratory scientists especially those working in clinical immunology laboratories and pathologists It is also a useful reference for physicians mid level providers medical students and allied health students with an interest in the role that immunology plays in the clinical laboratory

Anatomy & Physiology Laboratory Manual and E-Labs E-Book Kevin T. Patton, 2018-01-24 Using an approach that is geared toward developing solid logical habits in dissection and identification the Laboratory Manual for Anatomy and coloring exercises offer a kinesthetic experience useful in retention of content User friendly spiral binding allows for hands

free viewing in the lab setting Step by step dissection instructions with accompanying illustrations and photos cover anatomical models and fresh or preserved specimens and provide needed guidance during dissection labs The dissection of tissues organs and entire organisms clarifies anatomical and functional relationships 250 illustrations including common histology slides and depictions of proper procedures accentuate the lab manual s usefulness by providing clear visuals and guidance Easy to evaluate tear out Lab Reports contain checklists drawing exercises and questions that help you demonstrate your understanding of the labs you have participated in They also allow instructors to efficiently check student progress or assign grades Learning objectives presented at the beginning of each exercise offer a straightforward framework for learning Content and concept review questions throughout the manual provide tools for you to reinforce and apply knowledge of anatomy and function Complete lists of materials for each exercise give you and your instructor a thorough checklist for planning and setting up laboratory activities allowing for easy and efficient preparation Modern anatomical imaging techniques such as computed tomography CT magnetic resonance imaging MRI and ultrasonography are introduced where appropriate to give future health professionals a taste for and awareness of how new technologies are changing and shaping health care Boxed hints throughout provide you with special tips on handling specimens using equipment and managing lab activities Evolve site includes activities and features for students as well as resources for instructors

The Royal Marsden Manual of Clinical Nursing Procedures Lisa Dougherty,Sara Lister,Alex West-Oram,2015-03-17 The Royal Marsden Manual of Clinical Nursing Procedures has been the number one choice for nurses since it first published over 30 years ago One of the world s most popular books on clinical skills and procedures it provides detailed procedure guidelines based on the latest research findings and expert clinical advice enabling nurses and students to deliver clinically effective patient focused care The ninth edition of this essential definitive guide written especially for pre registration nursing students now includes a range of new learning features throughout each chapter that have been designed to support student nurses to support learning in clinical practice Providing essential information on over 200 procedures this manual contains all the skills and changes in practice that reflect modern acute nursing care

Manual of Molecular and Clinical Laboratory Immunology John L. Schmitz,Barbara Detrick,Maurice R. G. O'Gorman,2024-11-15 THE authoritative guide for clinical laboratory immunology For nearly 50 years the Manual of Molecular and Clinical Laboratory Immunology has been the premier resource for laboratories students and professionals involved in the clinical and technical details of diagnostic immunology testing The 9th Edition continues its tradition of providing comprehensive clinical and technical information on the latest technologies used in medical and diagnostic immunology Led by a world renowned group of authors and editors this new edition reflects substantial changes aimed at improving and updating the Manual s utility while reflecting the significant transformations that have occurred since the last edition including the revolution of gene editing and the widespread adoption of molecularly engineered cellular therapies Topical highlights include Laboratory Management

three new chapters cover essential aspects of quality assurance quality improvement and quality management aligning with the increasingly stringent and demanding regulatory environment Inborn Errors of Immunity the primary immunodeficiency section has been completely updated to align with the latest International Union of Immunological Societies classifications of inborn errors of immunity Functional Cellular Assays expanded content includes detailed discussions on various functional assays critical for modern immunologic testing Autoimmune Diseases expanded chapters on systemic and organ specific autoimmune disorders including new chapters on Sj gren s syndrome and deficiency of ADA2 as well as significant updates on organ specific autoimmune diseases Transplantation Immunology updated chapters detail the assessment of immune reconstitution and ABO testing reflecting latest practices The 9th Edition of the Manual of Molecular and Clinical Laboratory Immunology serves as an invaluable resource for laboratory directors clinicians laboratory managers technologists and students It provides critical insights into the selection application and interpretation of immunologic tests offering practical guidance on troubleshooting clinical application and an understanding of test limitations This comprehensive and up to date manual remains an essential tool for anyone involved in the diagnosis evaluation and management of immune mediated and immune system related disorders

NIOSH Manual of Analytical Methods ,1984 **Manual of Veterinary Transfusion Medicine and Blood Banking** Kenichiro Yagi,Marie Holowaychuk,2016-09-06 Das Manual of Veterinary Transfusion Medicine and Blood Banking bietet mit seinem praxisorientierten Ansatz jedem Veterin rmediziner evidenzbasierte Leitlinien f r die klinische Praxis Liefert evidenzbasierte Informationen zu Verfahren in der Transfusionsmedizin und bei Blutbanken Umfasst Kapitel zum Screening von Transfusionsempf ngern zur Auswahl von Spendern zur Blutentnahme und Lagerung sowie dar ber wie die Nachfrage nach Blut erf ll t wird Beinhaltet n tzliche Transfusions und Blutbankprotokolle die f r die klinische Praxis relevant sind Ausgewogene Inhalte aus Sicht von Veterin rmedizinern und Veterin rtechnikern Mit Informationen zu Gro und Kleintieren sowie Exoten *NIOSH Manual of Analytical Methods* Peter M. Eller,1990 Recommendations and Guidelines Concerning AIDS. ,1982 Laboratory Manual on Biotechnology P. M. Swamy,2008 **FDA-Speak** Dean E. Snyder,2001-10-01 Often thought of as a subdialect of American governmentese FDA Speak is a language unique to healthcare regulators and those regulated If you have any involvement with the US Food and Drug Administration or if they have involvement with you you need to speak the language This revised and updated edition of FDA Speak retains the original easy *Egan's Fundamentals of Respiratory Care - E-Book* Robert M. Kacmarek,James K. Stoller,Al Heuer,2016-02-05 Designed for optimal student learning for over 40 years Egan s Fundamentals of Respiratory Care 11th Edition provides you with the strong background you need to succeed in the field of respiratory care Nicknamed the Bible for respiratory care it helps you gain a thorough understanding of the role of respiratory therapists the scientific basis for treatment and clinical applications Comprehensive chapters correlate to the most up to date 2015 NBRC Detailed Content Outline for the TM CE to successfully prepare you for clinical and credentialing

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