

TCI test questions with completed answers.

what are the 2 goals of crisis intervention? - Answer 1. support environmentally and emotionally to reduce stress and risk
2. teach children better ways to cope with stress

5 phases of the stress model of crisis - Answer 1. pre crisis state - baseline behavior
2. triggering event
3. escalation phase
4. outburst crisis
5. recovery

4 questions we ask ourselves in a crisis situation - Answer 1. what am i feeling right now?
2. what are the child's feelings, needs, or wants?
3. how is the environment affecting the situation?
4. how do i best respond?

4 stages of the conflict crisis - Answer 1. stressful situation/incident
2. young person's feelings
3. young person's behaviors
4. adult's response

3 stages to avoid the conflict cycle - Answer 1. using positive self-talk
2. listening and validating feelings
3. managing the environment

3 goals of emotional first aid - Answer 1. provide immediate help and support to reduce emotional intensity
2. resolve the immediate crisis
3. keep the child in the program/activity

5 goals of a LSI - Answer 1. return the young person to normal functioning
2. clarify events
3. repair and restore relationships
4. teach new coping skills
5. reintegrate young person back into the program

7 steps of a LSI - Answer 1. I - isolate the conversation
2. E - explore the young person's point of view
3. S - summarize their feelings and concerns
4. C - connect their feelings to behavior
5. A - alternate behaviors discussed
6. P - plan developed/practice new behavior
7. E - enter back into routine

if a child is exhibiting acute physical behavior and is a safety risk, what 3 criteria must be met to use a physical intervention? - Answer 1. agency policies and state regulations approve restraint
2. young person's ICMP indicates it

Guided And Review Answers Survey Edition

M Lipman



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