1.1	The process during which your ISP slows down your internet connection is known as		
	Α	data cap.	
	В	shaping.	
	C	throttling.	
	D	bandwidth.	(1)
1.2	Which ONE of the following processes would you use to protect your data?		
	Α	Archiving	
	В	Compression +	
	C	Error checking //	
	D	Firewall	(1)
1.3	Plug-and-play technology is used to		
	Α	play games on a gaming console.	
	В	access the content of a CD.	
	C	install an operating system.	
	D	detect and configure new devices.	(1)
1.4	A fraudulent process which tries to obtain sensitive information is called		
	Α	pharming.	
	В	spamming.	
	C	phishing.	
	D	hoaxing.	(1)
		1.0000.000.700	0.312.5

# **Mechanical Technology June Exam Paper**

American Society of Mechanical Engineers

# **Mechanical Technology June Exam Paper:**

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web les apports quotidiens recommandés pour un bon transit intestinal sont de l'ordre de 30g de fibres totales alimentaires par jour les autorités de santé conseillent de manger au moins cinq fruits et légumes chaque jour au moins deux tout savoir sur les fibres lanutrition fr - Apr 03 2023

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web jun 6 2023 les fibres insolubles incapables de se dissoudre dans l eau la lignine la cellulose et l hémicellulose présentes dans les enveloppes des végétaux comme dans la peau des amandes la peau des pommes ou les céréales complètes son ces fibres parcourent le tube digestif sans être modifiées

fibres alimentaires société gastro intestinale - Feb 01 2023

web par où commencer comme pour les fibres alimentaires il est important d augmenter graduellement la dose et de boire amplement de liquides suivez les recommandations sur l étiquette du produit ou les instructions de votre médecin ou diététiste sur la façon d utiliser un produit spécifique l importance de l eau