

The Hamilton Rating Scale for Depression

(to be administered by a health care professional)

Patient's Name: _____

Date of Assessment: _____

To rate the severity of depression in patients who are already diagnosed as depressed, administer this questionnaire. The higher the score, the more severe the depression.

For each item, write the correct number on the line next to the item. (Only one response per item)

_____ **1. DEPRESSED MOOD** (Sadness, hopeless, helpless, worthless)

0 = Absent

1 = These feeling states indicated only on questioning

2 = These feeling states spontaneously reported verbally

3 = Communicates feeling states non-verbally—i.e., through facial expression, posture, voice, and tendency to weep

4 = Patient reports VIRTUALLY ONLY these feeling states in his spontaneous verbal and nonverbal communication

_____ **2. FEELINGS OF GUILT**

0 = Absent

1 = Self reproach, feels he has let people down

2 = Ideas of guilt or rumination over past errors or sinful deeds

3 = Present illness is a punishment. Delusions of guilt

4 = Hears accusatory or denunciatory voices and/or experiences threatening visual hallucinations

_____ **3. SUICIDE**

0 = Absent

1 = Feels life is not worth living

2 = Wishes he were dead or any thoughts of possible death to self

3 = Suicidal ideas or gesture

4 = Attempts at suicide (any serious attempt rates 4)

_____ **4. INSOMNIA EARLY**

0 = No difficulty falling asleep

1 = Complains of occasional difficulty falling asleep—i.e., more than 1/2 hour

2 = Complains of nightly difficulty falling asleep

_____ **5. INSOMNIA MIDDLE**

0 = No difficulty

1 = Patient complains of being restless and disturbed during the night

2 = Waking during the night—any getting out of bed rates 2 (except for purposes of voiding)

Manual And Instructions For Hamilton Anxiety Scale

David H. Barlow



Manual And Instructions For Hamilton Anxiety Scale:

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