



## Grades 6 to 8 • Health Problems Series

# Asthma

These activities will help your students learn about asthma and how it can affect people's lives.

### Related KidsHealth Links

#### Articles for Kids:

##### Asthma: Basics

[kidshealth.org/parent/asthma/basics.html](http://kidshealth.org/parent/asthma/basics.html)

##### Asthma

[kidshealth.org/parent/asthma/asthma.html](http://kidshealth.org/parent/asthma/asthma.html)

##### Asthma: A Mom's Story (Video)

[kidshealth.org/parent/asthma/asthma.html](http://kidshealth.org/parent/asthma/asthma.html)

##### Kid's Asthma Story

[kidshealth.org/parent/asthma/asthma.html](http://kidshealth.org/parent/asthma/asthma.html)

##### School and Asthma

[kidshealth.org/parent/asthma/asthma.html](http://kidshealth.org/parent/asthma/asthma.html)

#### Articles for Teens:

##### Asthma: Basics

[kidshealth.org/teen/asthma/asthma/basics.html](http://kidshealth.org/teen/asthma/asthma/basics.html)

##### Asthma

[kidshealth.org/teen/asthma/asthma.html](http://kidshealth.org/teen/asthma/asthma.html)

##### Asthma: A Mom's Story (Video)

[kidshealth.org/teen/asthma/asthma.html](http://kidshealth.org/teen/asthma/asthma.html)

##### Asthma: A Mom's Story (Video)

[kidshealth.org/teen/asthma/asthma.html](http://kidshealth.org/teen/asthma/asthma.html)

##### School and Asthma

[kidshealth.org/teen/asthma/asthma.html](http://kidshealth.org/teen/asthma/asthma.html)

#### Resources for Teachers:

##### Asthma: Special Needs Factsheet

[kidshealth.org/parent/asthma/asthma/special\\_needs.html](http://kidshealth.org/parent/asthma/asthma/special_needs.html)

##### Asthma and Sports: Special Needs Factsheet

[kidshealth.org/parent/asthma/asthma/sports\\_needs.html](http://kidshealth.org/parent/asthma/asthma/sports_needs.html)

##### Asthma: Everything You Need to Know About Asthma: Special Needs Factsheet

[kidshealth.org/parent/asthma/asthma/special\\_needs.html](http://kidshealth.org/parent/asthma/asthma/special_needs.html)

### Discussion Questions

Note: The following questions are written in language appropriate for sharing with your students.

1. Explain some of the ways people handle their asthma. What could people do to support a friend who just told them they have asthma?
2. What else, other than asthma, during an asthma flare-up, affects some of things you do and do around home? If you were a person with asthma, what other things might affect you?

[kidshealth.org/parent/asthma](http://kidshealth.org/parent/asthma)

### Teacher's Guide

This guide includes:

- Standards
- Related Links
- Discussion Questions
- Activities for Students
- Reproducible Materials

### Standards

This guide correlates with the following National Health Education Standards:

Correlates with:

- **Standard 1: Personal and Social Responsibility**  
The student understands and practices personal and social responsibility in everyday life.
- **Standard 2: The Influence of Family, Peers, Culture, Media, Technology, and Other Factors on Health Behavior**  
The student understands the influence of family, peers, culture, media, technology, and other factors on health behavior.
- **Standard 3: The Ability to Access and Understand Health and Disease Information and Resources**  
The student understands the ability to access and understand health and disease information and resources.
- **Standard 4: The Ability to Practice Health-Protecting Behaviors and Avoid or Reduce Health Risks**  
The student understands the ability to practice health-protecting behaviors and avoid or reduce health risks.
- **Standard 5: The Ability to Assess Personal, Family, and Community Health**  
The student understands the ability to assess personal, family, and community health.

**Reproducible Materials**

Students will gain health education and learn about asthma.

# Lesson Plans For Preschooler With Asthma

**Tobias Bleicker**



## **Lesson Plans For Preschooler With Asthma:**

Uncover the mysteries within Crafted by is enigmatic creation, Discover the Intrigue in **Lesson Plans For Preschooler With Asthma** . This downloadable ebook, shrouded in suspense, is available in a PDF format ( \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

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