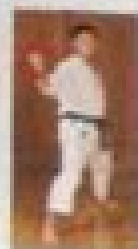
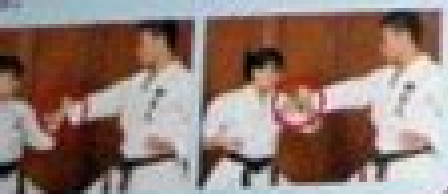


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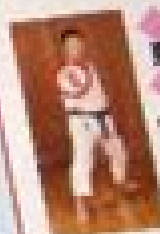
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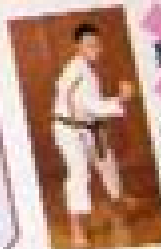
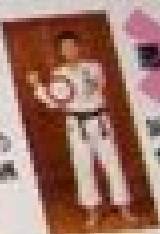
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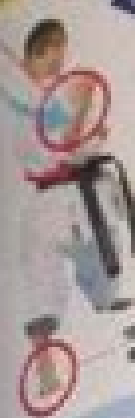
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 なる距離が一定です。そこから出発して
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 中心から出ていって、赤道の中心に
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Karate Training Manual

Ashley Martin

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