

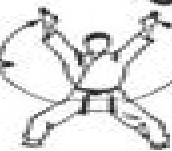
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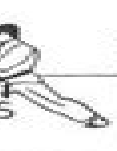
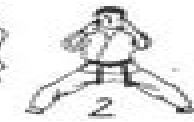
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Yoi!



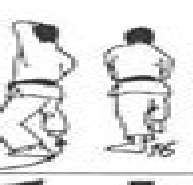
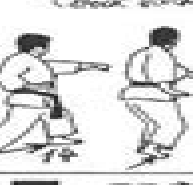
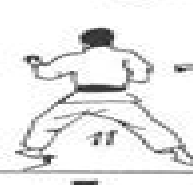
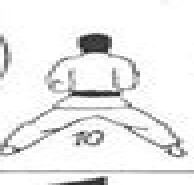
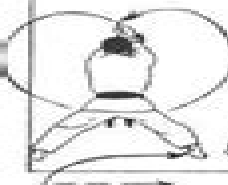
beide Hände an der Hüfte



Re aufnehmen

Re-takumi (Rek ergreifen und stoßen)

Re-uke (Rek klopfen)



wie 4!

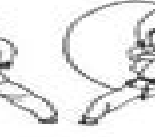
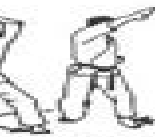
Uchi-uke

Uchi-Takui

wie 7!

wie 8!

wie 9!



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Schrittdiagramm (Embudo)



Yame!

Shuto-uke

Shuto-uke

Shuto-uke

Shuto-uke

Shuto-uke

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Sankaku-Tobi in Verbindung mit einem gleichzeitigen All-Geplüschlag (Nr. 32).  
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Shuto-uke

Shuto-uke

Shuto-uke

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Shuto-uke

# Karate Manual Diagrams

**Marcel A. Müller**

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

## Karate Manual Diagrams:

## The Enigmatic Realm of **Karate Manual Diagrams**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Karate Manual Diagrams** a literary masterpiece penned with a renowned author, readers embark on a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting impact on the hearts and minds of people who partake in its reading experience.

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