



Essay Summary of Gender Identity

Gender Identity PSY/265 February 3, 2013 Gender Identity To understand gender identity you first need to know what gender identity is and what factors are involved in gender identity. "Gender identity is one's belief that one is a male or female." (Rathus, Nevid, & Fichner-Rathus, 2011, p.). Since we know what gender identity is, we need to have an understanding of what factors determine gender identity. The factors that play a role in gender identity are genetic factors, environmental situations, psychosocial factors, as well as sexual hormones.

The genetic factors have to do with the moment the child is conceived and the 23 male chromosomes and the 23 female chromosomes join together and create a zygote. At six weeks into the pregnancy our bodies already know what gender we will be and at seven weeks genetic code starts to show itself. When you are talking about the environmental situations in gender identity you are talking about the role that society plays on what is acceptable. Society in a whole divides male and female by their gender attributes.

The psychosocial factors of gender identity have to do with peer relationships as well as the parental relationships. The Sexual hormones have to do with the hormones in our bodies and their makeup. Masculine traits are being independent, being intelligent and competent of the world around you, the ability to be rational, assertive, analytical, and brave in situations as needed. Other traits that are considered masculine are strong, ambitious, active, competitive, insensitive, sexually aggressive, and attractive because of achievement.

Whereas feminine traits are to be submissive, dependent, unintelligent and incapable, emotional, receptive, intuitive, weak, timid, content, passive, cooperative, sensitive, sex object, and attractive because of physical appearance. Concerning my gender identity I feel that being born female played a big part in my gender identity. The other factor that played a big role in my gender identity would be psychosocial factors. Being raised in a family where a girl dressed like a girl, wearing dresses, having long hair, and long nails, as well as being prim and proper played a large role when it comes to my gender identity.

Now do not get me wrong I was raised by a single father and was taught to be independent and take care of myself, and stand on my own two feet but I have no problem letting a man take care of me in the sense of wanting to provide for me in the sense. I also believe that environmental situations played a big role in my gender identity in the sense of where I grew up and the way that society looks at males and females individually. While reading the differences in masculine and feminine traits I have to admit that I had never put thought into which traits attributed to myself.

It is said that a woman is to be dependent and that a man is to be independent. Personally I feel that I am very independent. My f

Gender Identity Paper

A Loxley



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Table of Contents Gender Identity Paper

1. Understanding the eBook Gender Identity Paper
 - The Rise of Digital Reading Gender Identity Paper
 - Advantages of eBooks Over Traditional Books
2. Identifying Gender Identity Paper
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Gender Identity Paper
 - User-Friendly Interface
4. Exploring eBook Recommendations from Gender Identity Paper
 - Personalized Recommendations
 - Gender Identity Paper User Reviews and Ratings
 - Gender Identity Paper and Bestseller Lists
5. Accessing Gender Identity Paper Free and Paid eBooks
 - Gender Identity Paper Public Domain eBooks
 - Gender Identity Paper eBook Subscription Services
 - Gender Identity Paper Budget-Friendly Options

6. Navigating Gender Identity Paper eBook Formats
 - ePub, PDF, MOBI, and More
 - Gender Identity Paper Compatibility with Devices
 - Gender Identity Paper Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Gender Identity Paper
 - Highlighting and Note-Taking Gender Identity Paper
 - Interactive Elements Gender Identity Paper
8. Staying Engaged with Gender Identity Paper
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Gender Identity Paper
9. Balancing eBooks and Physical Books Gender Identity Paper
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Gender Identity Paper
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Gender Identity Paper
 - Setting Reading Goals Gender Identity Paper
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Gender Identity Paper
 - Fact-Checking eBook Content of Gender Identity Paper
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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