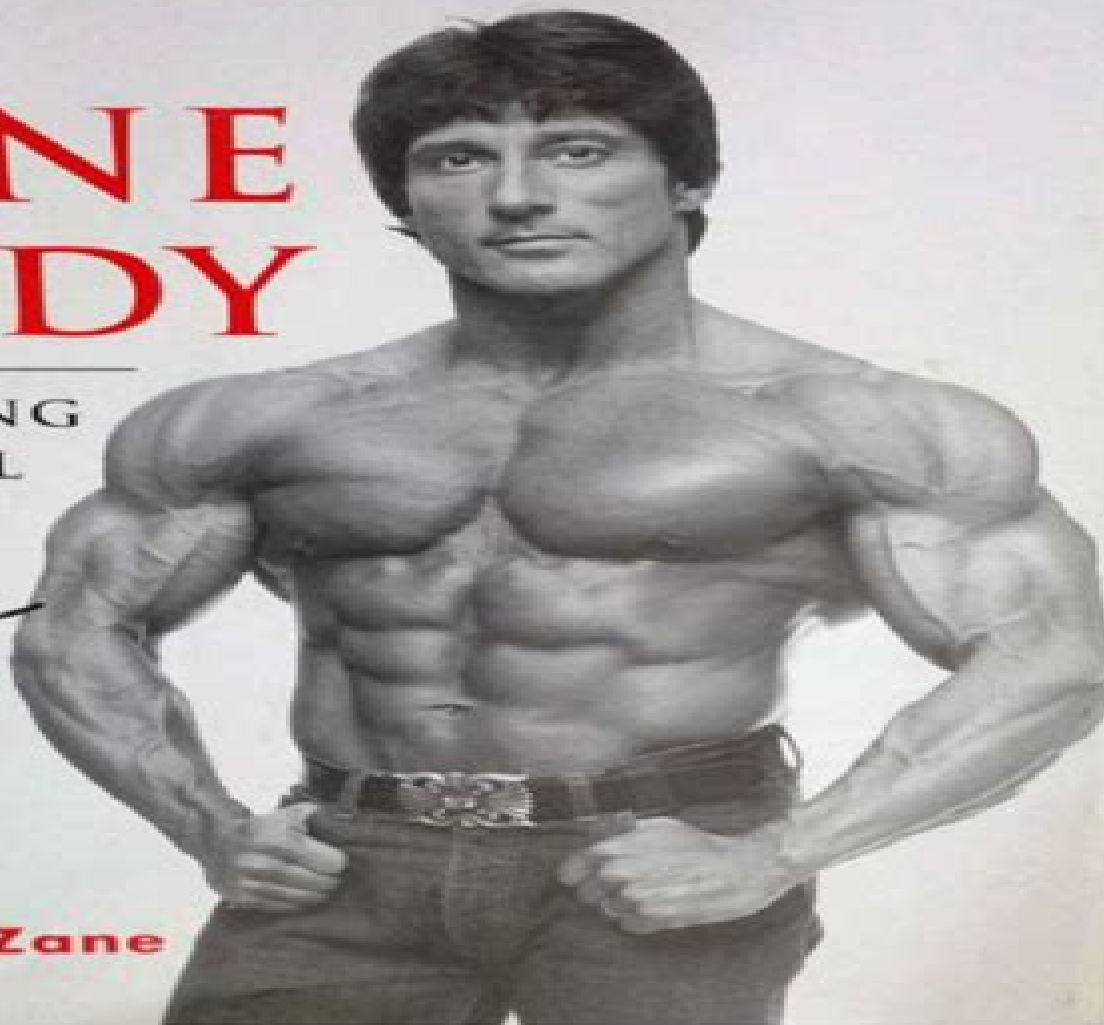


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MANUAL

Frank Zane

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