Maternity HESI Test Bank

 A 38-week primigravida who works as a secretary and sits at a computer for 8 hours each day tells the nurse that her feet have begun to swell. Which instruction would be most effective in preventing pooling of blood in the lower extremities?

Move about every hour

Pooling of blood in the lower extremities results from the enlarged uterus exerting pressure on the pelvic veins. Moving about every hour will straighten out the pelvic veins and increase venous return.

2. A 26-year-old, gravida 2, para 1 client is admitted to the hospital at 28-weeks gestation in preterm labor. She is given 3 doses of terbutaline sulfate (Brethine) 0.25 mg subcutaneously to stop her labor contractions. The nurse plans to monitor for which primary side effect of terbutaline sulfate?

Tachycardia and a feeling of nervousness

Terbutaline sulfate (Brethine), a beta-sympathomimetic drug, stimulates beta-adrenergic receptors in the uterine muscle to stop contractions. The beta-adrenergic agonist properties of the drug may cause tachycardia, increased cardiac output, restlessness, headache, and a feeling of "nervousness".

When do the anterior and posterior fontanels close?

anterior fontanel closes at 12 to 18 months and the posterior by the end of the second month.

4. When assessing a client who is at 12-weeks gestation, the nurse recommends that she and her husband consider attending childbirth preparation classes. When is the best time for the couple to attend these classes?

30 weeks gestation

at 30 weeks gestation is closest (of the options) to the time parents would be ready for such classes. Learning is facilitated by an interested pupil! The couple is most interested in childbirth toward the end of the pregnancy when they are psychologically ready for the termination of the pregnancy, and the birth of their child is an immediate concern.

The nurse should encourage the laboring client to begin pushing when...

the cervix is completely dilated.

Pushing begins with the second stage of labor, i.e., when the cervix is completely dilated at 10 cm (C). If pushing begins before the cervix is completely dilated the cervix

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HESI Comprehensive Review for the NCLEX-RN Examination Sandra L. Upchurch, Traci Henry, Rosemary Pine, Amy Rickles, 2014 Second edition titled Evolve Reach comprehensive review for the NCLEX RN examination HESI Comprehensive Review for the NCLEX-RN® Examination - E-Book HESI,2010-10-28 This title includes additional digital media when purchased in print format For this digital book edition media content is not included **HESI Comprehensive** Review for the NCLEX-PN® Examination - E-Book HESI,2016-12-23 Prepare for success on your HESI exit exam and the NCLEX PN Updated with the latest test plan and written in an easy to read outline format HESI Comprehensive Review for the NCLEX PN Examination 5th Edition breaks down chapters by clinical areas and topics emphasized on the exam Rationales are provided for incorrect answers to help you address any areas of weakness The companion Evolve website offers 550 practice questions giving you valuable practice in the same electronic testing format you will experience on your nursing school exit exam and on the NCLEX PN exam HESI Hint boxes highlight important clinical information and concepts commonly tested on the NCLEX PN exam Evolve companion website with 550 NCLEX practice questions including alternate item formats gives you a testing experience similar to the exit and NCLEX exams Critical thinking study questions reinforce key concepts and critical content and include answer guidelines Chapters organized by clinical area for easy reference Pharmacology tables summarize the need to know drug therapy content emphasized on the NCLEX PN exam Consistent chapter organization and format facilitate learning NEW Updated content reflects the latest NCLEX PN test plan UPDATED Psychiatric Nursing chapter includes the latest DSM 5 material UPDATED Revised HESI Hint boxes align with content Inconceivable Shannon updates throughout the text NEW Updated review questions correspond with new content Woodward, 2006 Women who are anxious to conceive and who have yet to conceive know about waiting Waiting is the hallmark of infertility You wait in doctor's offices You wait to ovulate You wait for prescriptions to be filled You wait for the pregnancy test indicator to light up You wait for a miracle and then you wait again Inconceivable is the remarkable true life story of Shannon Woodward a woman who stopped waiting her life away She wrote this book for other women who ve been waiting for women who can t afford the next round of medical treatments who can t bear to let their feeble hopes rise again only to have them crash to the ground in disappointment Woodward revisits eighteen years of personal frustration pain and anger She speaks of healing but not the kind that other women in her condition have prayed for The healing she has experienced is the healing of walking another path the path of peace that she is uniquely equipped to share Features and Benefits Helps women come to terms with infertility and find peace with this diagnosis Written by an author who has experienced the reality of infertility having tried to conceive for eighteen years Painfully honest and unflinchingly real Shannon Woodward opens the pages of her life to readers who will identify with the ache of unfilled desires and who will find relief and healing in her journey Previous Title Misconception Americanized Encyclopaedia Britannica, 1895 The

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