

Abstract **Background:** The purpose of this study was to determine the prevalence of self-reported depression and anxiety among a sample of young adults in the United States. **Methods:** Data were obtained from the 2007 National Survey of Adolescent Health, a nationally representative survey of 10,000 young adults. **Results:** The prevalence of self-reported depression was 10.3% and the prevalence of self-reported anxiety was 12.1%. **Conclusions:** The prevalence of self-reported depression and anxiety among young adults in the United States is high. **Keywords:** Depression, Anxiety, Prevalence, Young Adults.



Hero Pleasure Service Manual

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