



Physical Education

Physical Education - Physical Education - Physical Education

UNIT OBJECTIVE	LEARNING OBJECTIVES	POSSIBLE FOR ASSESSMENT	TEACHING AIDS & MATERIALS
UNIT OBJECTIVE 1: To understand the importance of physical education in the development of a healthy individual.	<p>After studying this unit, the student should be able to:</p> <ul style="list-style-type: none"> Define physical education. Explain the importance of physical education in the development of a healthy individual. Identify the different types of physical education. Explain the role of physical education in the development of a healthy individual. 	<p>Students should be able to:</p> <ul style="list-style-type: none"> Define physical education. Explain the importance of physical education in the development of a healthy individual. Identify the different types of physical education. Explain the role of physical education in the development of a healthy individual. 	<p>Teacher's Guide, Textbook, Diagrams, Charts, Maps, Photographs, Audio Tapes, Video Tapes, Projector, Overhead Projector, Blackboard, Whiteboard, Markers, Chalk, Paper, Pencils, Ruler, Compass, Protractor, Scale, etc.</p>

UNIT OBJECTIVE	LEARNING OBJECTIVES	POSSIBLE FOR ASSESSMENT	TEACHING AIDS & MATERIALS
UNIT OBJECTIVE 2: To understand the importance of physical education in the development of a healthy individual.	<p>After studying this unit, the student should be able to:</p> <ul style="list-style-type: none"> Define physical education. Explain the importance of physical education in the development of a healthy individual. Identify the different types of physical education. Explain the role of physical education in the development of a healthy individual. 	<p>Students should be able to:</p> <ul style="list-style-type: none"> Define physical education. Explain the importance of physical education in the development of a healthy individual. Identify the different types of physical education. Explain the role of physical education in the development of a healthy individual. 	<p>Teacher's Guide, Textbook, Diagrams, Charts, Maps, Photographs, Audio Tapes, Video Tapes, Projector, Overhead Projector, Blackboard, Whiteboard, Markers, Chalk, Paper, Pencils, Ruler, Compass, Protractor, Scale, etc.</p>

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