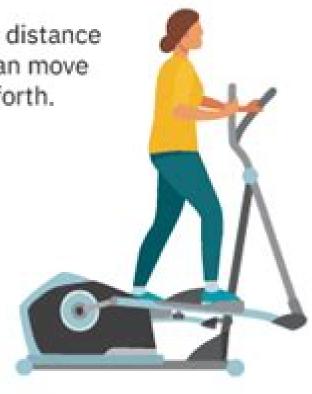
STRIDE LENGTH:

The maximum distance each pedal can move back and forth.





Shorter people should choose ellipticals with shorter stride lengths. Taller people should choose ellipticals with longer stride lengths.

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