

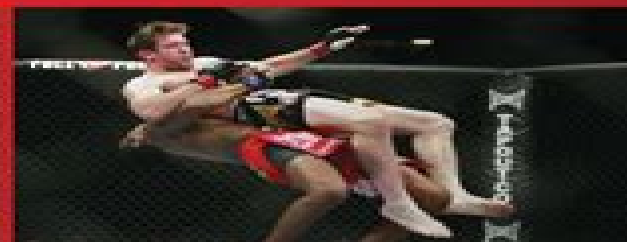
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VOLUME II



Mma Training Manual

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