Power Button (5)

To start a massage, press the 'POWER' button and the LED will illuminate to confirm your selection. To turn off, simply press the button again. The LED will blink while the massage mechanism returns to its starting point before switching off.



Moving Shiatsu massage mechanism



(Shiatsu) Massager Zone Button:

Full Back

Pressing this button once gives a full massage up and down the back.

(Upper Back

Pressing this button twice gives a massage focusing on the mid to upper back.

○ Lower Back

Pressing this button three times gives a massage focusing on the mid to lower back.

SS Heat Button

For soothing heat when massage is on, simply press the heat button. To deselect, press the button again. For your safety, heat cannot be turned on if massage is not selected.

Mains Adaptor

Homedics Back Massager Instruction Manual

Michael C. McCracken, Bank of Canada

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Official Gazette of the United States Patent and Trademark Office, 2000 SHARP APL Massager Plus: Instruction Manual I.P. Sharp Associates, 1977 User's Manual Massager System Banque du Canada, M. McCracken, 1968
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