#### Fundamentals Of Practical Nursing Final Exam Study Guide

#### Types of Nursing Programs:

- Associate degree: 2-year program; entry educational level for registered nurses
- Baccalaureate degree: 4-year program; focuses more on management and leadership
- Diploma: 3-year hospital-based program
- Licensed practical or vocational nurse (LPN/LVN): 9 months to 1 year most basic entry-level program

#### Milestones in Nursing History

- Ancient times: care provided by family and male priests
- 1000 AD: women allowed to study midwifery
- 1700–1800: poor, lower class women provided care in unsanitary conditions
- 1836: first school of nursing established; nurses referred to as Kaiserworth deaconesses (era of Florence Nightingale)
- 1897: Nurses Associated Alumnae of the United States formed to protect against incompetent nurses
- 1892: first training program established for practical nurses in New York City
- Early 1900s: licensure required in some states
- 1955: all states required practical nurses to be licensed

#### Scope of Practice

- Limitations and allowances of what a nurse can do
- Nurses responsible for knowing their own scope of practice

#### Nurse Practice Act

- Law governing nurses' actions
- Written to address each specific level of nursing.
- Establishes scope of practice for each level of nurse, based on educational preparation
- Enforced by the Board of Nursing.

#### Four Characteristics of Competent Nurses

- Being responsible
- Being honest
- Being caring
- Being competent

#### Nursing Responsibilities

- Caring for several patients and seeing that their physical and spiritual needs are met
- Performing patient and family teaching and preparing them for patient discharge
- Noticing changes in patient condition and notifying appropriate health-care professional

# **Fundamentals Of Practical Nursing Exam Study Guide**

**VM** Jensen

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