

HESI Case Study: Hypertension

George's blood pressure reading is 189/110 mmHg. His LDL cholesterol reading is 200 mg/dL. He asks the student nurse if he should be concerned about his blood pressure.

How should the student nurse respond?

Please sit here quietly for a few minutes. I need to recheck your blood pressure.

George's blood pressure is high but may be temporarily elevated due to activity or stress. The blood pressure should be rechecked after the client rests for a few minutes.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Select all that apply.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Family history of diabetes.

Alcohol consumption.

Smoking.

Stress.

Caffeine intake.

Alcohol consumption.

Excessive alcohol intake is strongly associated with hypertension.

Smoking.

Tobacco use is a risk factor for hypertension.

Stress.

High levels of stress can lead to an increase in blood pressure.

According to the assessment of this client, which recommendation is most important for the student nurse to provide to George?

See his HCP as soon as possible within the next week for a BP recheck.

George's blood pressure is significantly elevated. Since these BP readings were obtained on the same day, George needs to see his HCP soon for a second BP measurement so that a diagnosis can be determined and treatment initiated.

Which is the best response the student nurse can give to the George about the urgent need to see his HCP?

While often there are no symptoms, high blood pressure does cause damage to many organs.

Hesi Case Study Answers

Michael Rajnik

A red circular graphic with a gradient, appearing as a partial circle or a thick arrow pointing to the right, located to the right of the author's name.

Hesi Case Study Answers:

Hesi Case Study Answers: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels enthralling the hearts of readers worldwide. Lets delve into the realm of top-selling books, exploring the engaging narratives that have captivated audiences this year. Hesi Case Study Answers : Colleen Hoover's "It Ends with Us" This heartfelt tale of love, loss, and resilience has gripped readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can triumph. Uncover the Best : Taylor Jenkins Reid's "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reid's absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Discover the Magic : Delia Owens' "Where the Crawdads Sing" This captivating coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens crafts a tale of resilience, survival, and the transformative power of nature, entrancing readers with its evocative prose and mesmerizing setting. These bestselling novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Papen, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and suspenseful novel that will keep you wondering until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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