

NEUROLOGICAL DISORDERS

P = pathophysiology Dx = Diagnosis
R = Risk Factors N = nursing management
S/sx = Signs + Symptoms C = Complications



Traumatic Head Injury

- P:** A trauma or blunt force hits the skull causing damage to the brain.
- S/sx:** Confusion, agitation, visible head injury, sleepiness, blown pupils.
- N:**
 - Assess for neurological changes or change in level of consciousness. Monitor vital signs.
 - Assess pt. for headache, nausea, vomiting.
 - Check for CSF drainage. Assess pupil size.
- C:** Cerebral bleed, hematoma, ↑ intracranial pressure, infection, seizure, ↑ CO₂ levels, permanent damage.



Seizures

- P:** Abnormal, sudden electrical activity in the brain.
- S/sx:** Uncontrollable involuntary muscle movements (convulsions) or gaze off into the distance with no response to stimuli. May lose consciousness for seconds or minutes. Usually the person will not recall the events leading up to it.
- N:**
 - Assess seizure history. Note time + duration. Prevent injury, but don't restrain. Monitor behavior before + after episode.
 - Turn pt. on side at end of seizure to drain secretions.
- C:** Status epilepticus - epileptic spasms without any rest periods which can result in brain damage.
- R:** Genetic inheritance, Brain trauma, tumors, toxic, metabolic disorders or infection.

Parkinson's Disease

- P:** Decreased dopamine levels in the brain cause neurological + musculoskeletal sx.
- N:**
 - Monitor swallowing activity + neuro activity. assist w/ ambulation.
 - Promote PT - or so preserve function.
 - Increase fluid intake by 2L/day.
- C:** Falls, Self-care deficits, depression, constipation, and poor posture.



Stroke



- P:** Neurological deficit caused by a block of blood flow to the brain.
- S/sx:** One sided weakness, facial drooping, confusion, slurred speech, or aphasia.
- Dx:** CT Scan Or MRI Confirms + identifies type of stroke which determines treatment.
- R:** Atherosclerosis, hypertension, diabetes, stress, obesity, oral contraceptives, anticoagulation therapy.
- N:**
 - Airway is priority. Monitor VS, LOC, pupils + reflexes.
 - position client on side to prevent aspiration.

Types of Stroke

- Ischemic**
↳ an obstruction of a blood vessel
87% of stroke cases
- Hemorrhagic**
↳ a weakened blood vessel ruptures
Risk factor = Hypertension
- TIA (Transient Ischemic Attack)**
↳ temporary CLO+ that resolves on its own
A warning sign for stroke

Multiple Sclerosis

- P:** a central nervous system disease characterized by demyelination of axons.
- S/sx:** Fatigue, weakness, ataxia, vertigo, tremors, blurred vision, emotional changes, & sensation, bladder + bowel disturbances, @Babinski reflex.
- Dx:** Requires extensive neurological testing over many years of a slow onset of disease.
- N:**
 - Provide energy preservation measures.
 - Encourage independence while providing safety.
 - Monitor for urinary + bowel dysfunction.
- C:** Falls, psychological problems, & mobility.

Meningitis

- P:** inflammation of the meninges + pia mater of the central nervous system. Usually caused by bacteria or a virus.
CSF is tested for the pathogen and used to determine the treatment.
- S/sx:**
 - LOC, Red macular rash, pain with neck flexion.
- N:** Monitor for seizures. Assess cranial nerves.

Med Surg Nursing Study Guide

R Barnett



Med Surg Nursing Study Guide:

The book delves into Med Surg Nursing Study Guide. Med Surg Nursing Study Guide is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Med Surg Nursing Study Guide, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:

- Chapter 1: Introduction to Med Surg Nursing Study Guide
- Chapter 2: Essential Elements of Med Surg Nursing Study Guide
- Chapter 3: Med Surg Nursing Study Guide in Everyday Life
- Chapter 4: Med Surg Nursing Study Guide in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Med Surg Nursing Study Guide. This chapter will explore what Med Surg Nursing Study Guide is, why Med Surg Nursing Study Guide is vital, and how to effectively learn about Med Surg Nursing Study Guide.
3. In chapter 2, the author will delve into the foundational concepts of Med Surg Nursing Study Guide. The second chapter will elucidate the essential principles that must be understood to grasp Med Surg Nursing Study Guide in its entirety.
4. In chapter 3, this book will examine the practical applications of Med Surg Nursing Study Guide in daily life. The third chapter will showcase real-world examples of how Med Surg Nursing Study Guide can be effectively utilized in everyday scenarios.
5. In chapter 4, this book will scrutinize the relevance of Med Surg Nursing Study Guide in specific contexts. This chapter will explore how Med Surg Nursing Study Guide is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Med Surg Nursing Study Guide. This chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Med Surg Nursing Study Guide.

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