

# HIKIKOMORI



Adolescence without End

*Saeko Tanaka / Translated by Jeffrey Angles*

# Hikikomori Adolescence Without End

**Sandra Leanne Bosacki**



## **Hikikomori Adolescence Without End:**

**Hikikomori** Tamaki Saitō, 2013 This is the first English translation of a controversial Japanese best seller that made the public aware of the social problem of hikikomori or withdrawal a phenomenon estimated by the author to involve as many as one million Japanese adolescents and young adults who have withdrawn from society retreating to their rooms for months or years and severing almost all ties to the outside world Saitō Tamaki's work of popular psychology provoked a national debate about the causes and extent of the condition Since *Hikikomori* was published in Japan in 1998 the problem of social withdrawal has increasingly been recognized as an international one and this translation promises to bring much needed attention to the issue in the English speaking world According to the New York Times As a hikikomori ages the odds that he'll re-enter the world decline Indeed some experts predict that most hikikomori who are withdrawn for a year or more may never fully recover That means that even if they emerge from their rooms they either won't get a full time job or won't be involved in a long term relationship And some will never leave home In many cases their parents are now approaching retirement and once they die the fate of the shut-ins whose social and work skills if they ever existed will have atrophied is an open question Drawing on his own clinical experience with hikikomori patients Saitō creates a working definition of social withdrawal and explains its development He argues that hikikomori sufferers manifest a specific interconnected series of symptoms that do not fit neatly with any single easily identifiable mental condition such as depression Rejecting the tendency to moralize or pathologize Saitō sensitively describes how families and caregivers can support individuals in withdrawal and help them take steps toward recovery At the same time his perspective sparked contention over the contributions of cultural characteristics including family structure the education system and gender relations to the problem of social withdrawal in Japan and abroad

**Hikikomori**, 2013 This is the first English translation of a controversial Japanese best seller that made the public aware of the social problem of hikikomori or OC withdrawal OC/OCoA phenomenon estimated to involve approximately one million Japanese adolescents and young adults Drawing on his own clinical experience with hikikomori patients Saitō Tamaki creates a working definition of social withdrawal and explains its development *Hikikomori* Jean Pierre Wenger, 2022-11-15 The condition named Hikikomori by the Japanese psychiatrist Saitō Tamaki describes the suffering of young people who withdraw from society abandon their studies jobs and social life to lock themselves in a room usually at their parents house Driven by Internet addiction and isolation during the pandemic this phenomenon has only gotten worse This problem has two key pieces results orientated societies and family nucleus that generate extended dependency in adolescents Find out how the phenomenon of the hikikomori spread outside of Japan and the Asian world and how the Covid 19 epidemic could affect its spread

**Ten Follies: A Journey Around the World in Ten Forms of Madness** Marco Innamorati, 2025-07-22 *Ten Follies: A Journey Around the World in Ten Forms of Madness* focuses on a critical question in the history of psychiatry to what extent does psychopathology describe phenomena that exist before or beyond their description

Marco Innamorati probes the view that any description of a psychopathological phenomenon is to a significant extent the result of a construction by the subject describing it or a co construction made by the clinician and the patient a perspective also known as the constructivist approach Starting from the work of the philosopher and historian of science Ian Hacking who proposed the concept of transient mental illness i e an illness that appears at a given time in a given place and then disappears Hacking 1998 Innamorati explores some forms of madness that seem to arise in a particular environment and in specific historical circumstances developing through a kind of epidemic and then disappearing almost definitively The author evaluates strengths and weaknesses of the constructivist approach by juxtaposing evolving hermeneutical questions to cultural factors From hysteria to demonic possession from the mad travellers to arctic shamanism until the recent mushrooming of the hikikomori phenomenon Ten Follies is an unconventional journey around the world in ten forms of madness which takes the reader through astonishing stories of suffering and healing Against the trend of mapping a single globalised discourse of folly this book embraces a kind of philosophical perspectivism ten follies which echoes the contemporary cultural transformation of the many narratives of madness      Mental Health and Social Withdrawal in Contemporary Japan Nicolas Tajan,2021-01-04 This book examines the phenomenon of social withdrawal in Japan which ranges from school non attendance to extreme forms of isolation and confinement known as hikikomori Based on extensive original research including interview research with a range of practitioners involved in dealing with the phenomenon the book outlines how hikikomori expresses itself how it is treated and dealt with and how it has been perceived and regarded in Japan over time The author a clinical psychologist with extensive experience of practice argues that the phenomenon although socially unacceptable is not homogenous and can be viewed not as a mental disorder but as an idiom of distress a passive and effective way of resisting the many great pressures of Japanese schooling and of Japanese society more widely The Open Access version of this book available at <http://www.taylorfrancis.com/books/e/9781351260800> has been made available under a Creative Commons Attribution Non Commercial No Derivatives CCBY NC ND licence      *A Sociology of Hikikomori* Teppei Sekimizu,2022-07-07 Hikikomori which literally means withdrawal is considered an increasingly prevalent form of social isolation in Japanese society This issue has been attracting worldwide attention for two decades Based on interviews with people who have experienced it Teppei Sekimizu explores what the hikikomori experience is like from a sociological perspective He also examines the characteristics of four decades of hikikomori discourse by governments professionals and mass media the difficulties faced by parents with hikikomori children and the social policy which has relegated most provision of welfare for citizens to the private sector Through these examinations the author illustrates how the exclusive labor market and familial social policies create masses of family dependent and isolated individuals in contemporary Japan *A Sociology of Hikikomori* leads the reader to a deeper understanding of the manifold hikikomori phenomenon and Japanese society itself      **Non-Emerging Adulthood** Dan Dulberger,Haim Omer,2021-05-20 This guide

helps parents of non emerging adult children and introduces adulthood emergence failure as a systemic condition

*An Anthropology of the Machine* Michael Fisch, 2018-06-19 An astute account of Tokyo's commuter train network and an intellectually stimulating invitation to rethink the interaction between humans and machines Japan Forum With its infamously packed cars and disciplined commuters Tokyo's commuter train network is one of the most complex technical infrastructures on Earth In *An Anthropology of the Machine* Michael Fisch provides a nuanced perspective on how Tokyo's commuter train network embodies the lived realities of technology in our modern world Drawing on his fine grained knowledge of transportation work and everyday life in Tokyo Fisch shows how fitting into a system that operates on the extreme edge of sustainability can take a physical and emotional toll on a community while also creating a collective way of life one with unique limitations and possibilities *An Anthropology of the Machine* is a creative ethnographic study of the culture history and experience of commuting in Tokyo At the same time it is a theoretically ambitious attempt to think through our very relationship with technology and our possible ecological futures Fisch provides an unblinking glimpse into what it might be like to inhabit a future in which more and more of our infrastructure and the planet itself will have to operate beyond capacity to accommodate our ever growing population Not a rage against the machine but an urge to find new ways of coexisting with technology Contemporary Japan An extraordinary study Ethnos A fascinating in depth account of the innovations inventions sacrifices and creativity required to ensure Tokyo's millions of commuters keep rolling It also provides much food for thought as our transportation systems become increasingly reliant on automated technology Pacific Affairs

*The Routledge International Handbook of Existential Human Science* Huon Wardle, Nigel Rapport, Albert Piette, 2023-08-01 This volume is the first handbook to explore existentialism as epistemology and method Transdisciplinary in scope it considers the nature of human subjectivity and how human experience ought to be studied examining the connections that exist between the individual's imagining of the world and their everyday practice within it With attention to the question of whether humans are ultimately alone in their self knowledge or whether what they know of themselves is constructed in common with others it enables the reader to recognize core questions that frame the methods and orientation of an existential inquiry In addition to historical exposition it offers a variety of chapters from around the world that explore the diverse global spaces for and different types of existential focus and discussion thus questioning the view that the existential problem may be singularly a matter for the post enlightenment West The fullest and most comprehensive survey to date of what human beings can and should make of themselves *The Routledge International Handbook of Existential Human Science* will appeal to scholars across the humanities and social sciences with interests in anthropology sociology philosophy and research methods

*The SAGE Handbook of Evolutionary Psychology* Todd K. Shackelford, 2021-08-04 Evolutionary psychology is an important and rapidly expanding area in the life social and behavioral sciences and this Handbook represents the most comprehensive and up to date reference text in the field today Over three volumes the

Handbook provides a rich overview of the most important theoretical and empirical work in the field Chapters cover a broad range of topics including theoretical foundations the integration of evolutionary psychology with other life social and behavioral sciences as well as with the arts and the humanities and the increasing power of evolutionary psychology to inform applied fields including medicine psychiatry law and education Each of the volumes has been carefully curated to have a strong thematic focus covering The foundations of evolutionary psychology The integration of evolutionary psychology with other disciplines and The applications of evolutionary psychology The SAGE Handbook of Evolutionary Psychology is an essential resource for researchers graduate students and advanced undergraduate students in all areas of psychology and in related disciplines across the life social and behavioral sciences

#### **Internet Addiction in Psychotherapy** D. Kuss,M.

Griffiths,2014-12-12 Current knowledge about effective internet addiction treatment is limited This book explores how 20 international internet addiction therapy experts experience the presenting problem of internet addiction in psychotherapy

A Critical Youth Studies for the 21st Century ,2014-11-27 In A Critical Youth Studies for the 21st Century Peter Kelly and Annelies Kamp present an edited collection that explores the challenges and opportunities faced by young people in an often dangerous 21st century In an increasingly globalised world these challenges and opportunities include those associated with widening inequalities precarious labour markets the commodification of education the hopes for democracy and with practising an identity under these circumstances and in these spaces Drawing on contemporary critical social theories and diverse methodologies contributors to the collection who are established and emerging scholars from the Americas Europe and Asia Pacific open up discussions about what a critical youth studies can contribute to community policy and academic debates about these challenges and opportunities Contributors are Anna Anderson Dena Aufseeser Judith Bessant Ros Black Daniel Briggs Laurie Browne David Cairns Perri Campbell James C t Ann Dadich Maria de Lourdes Beldi Alacantha Nora Duckett Deirdre Duffy Angela Dwyer Christina Ergler Michelle Fine Madeline Fox Andy Furlong Theo Gavrielides Henry Giroux John Goodwin Keith Heggart Luke Howie Amelia Johns Annelies Kamp Peter Kelly Fengshu Liu Conor McGuckin Majella McSharry Filipa Menezes Magda Nico Pam Nilan Henrietta O Connor Jo Pike Herwig Reiter Geraldine Scanlon Keri Schwab Michael Shevlin Adnan Selimovic Joan Smith Jodie Taylor Steven Threadgold Vappu Tyysk Brendan Walsh Lucas Walsh Rob Watts Bronwyn Wood Dan Woodman and David Zyngier A Critical Youth Studies for the 21st Century is now available in paperback for individual customers

#### **Solitude, Silence and Loneliness in Adolescence** Sandra Leanne

Bosacki,2024-10-17 This book explores adolescents 10 18 years experiences of silence solitude loneliness within the school setting Although many studies explore social withdrawal and loneliness in adolescence little is known about young people s experiences of solitude as a state of being alone This book ties together cutting edge research from developmental psychology and education on solitude in adolescence and opens the way to a pedagogy of solitude and well being Sandra Leanne Bosacki explores concerns about how adolescents learn social and solitude skills and the extent to which such skills

are harmful or helpful including self control and regulation and self compassion The book further explores implications of solitude studies for practice and provides recommendations for future research and education Holistic models of education are encouraged to promote a balance of social and solitude skills that combines social management with self regulation and self compassion     Ambient Media Paul Roquet,2016-02-01 Ambient Media examines music video art film and literature as tools of atmospheric design in contemporary Japan and what it means to use media as a resource for personal mood regulation Paul Roquet traces the emergence of ambient styles from the environmental music and Erik Satie boom of the 1960s and 1970s to the more recent therapeutic emphasis on healing and relaxation Focusing on how an atmosphere works to reshape those dwelling within it Roquet shows how ambient aesthetics can provide affordances for reflective drift rhythmic attunement embodied security and urban coexistence Musicians video artists filmmakers and novelists in Japan have expanded on Brian Eno's notion of the ambient as a style generating calm and a space to think exploring what it means to cultivate an ambivalent tranquility set against the uncertain horizons of an ever shifting social landscape Offering a new way of understanding the emphasis on reading the air in Japanese culture Ambient Media documents both the adaptive and the alarming sides of the increasing deployment of mediated moods Arguing against critiques of mood regulation that see it primarily as a form of social pacification Roquet makes a case for understanding ambient media as a neoliberal response to older modes of collective attunement one that enables the indirect shaping of social behavior while also allowing individuals to feel like they are the ones ultimately in control     Routledge Handbook of Celebrity Studies Anthony Elliott,2018-03-05 Ours is the age of celebrity An inescapable aspect of daily life in our media saturated societies of the twenty first century celebrity is celebrated for its infinite plasticity and glossy seductions But there is also a darker side Celebrity culture is littered from end to end with addictions pathologies neuroses even suicides Why as a society are we held in thrall to celebrity What is the power of celebrity in a world of increasing consumerism individualism and globalization Routledge Handbook of Celebrity Studies edited by acclaimed social theorist Anthony Elliott offers a remarkably clear overview of the analysis of celebrity in the social sciences and humanities and in so doing seeks to develop a new agenda for celebrity studies The key theories of celebrity ranging from classical sociological accounts to critical theory and from media studies to postmodern approaches are drawn together and critically appraised There are substantive chapters looking at fame renown and celebrity in terms of the media industries pop music the makeover industries soap stars fans and fandom as well as the rise of non Western forms of celebrity The Handbook also explores in detail the institutional aspects of celebrity and especially new forms of mediated action and interaction From Web 3.0 to social media the culture of celebrity is fast redefining the public political sphere Throughout this volume there is a strong emphasis on interdisciplinarity with chapters covering sociology cultural studies psychology politics and history Written in a clear and direct style this handbook will appeal to a wide undergraduate audience The extensive references and sources will direct students to areas of further study     *Teen Lives*

*around the World* Karen Wells, 2019-11-08 This two volume encyclopedia looks at the lives of teenagers around the world examining topics from a typical school day to major issues that teens face today including bullying violence sexuality and social and financial pressures Teenagers are living in a rapidly changing and increasingly interconnected yet unequal world Whether they live in Australia or Zimbabwe they have in common that they are between childhood and adulthood and increasingly aware of how inequality is affecting their lives and futures This encyclopedia gives a different perspective based on the experiences of teens in 60 countries Each entry gives the reader a brief sketch of a country to help readers to understand how geography history economics and politics shape teen life The entries include a country overview and cover the following topics Schooling and Education Extracurricular Activities Art Music and Sports Family and Social Life Religions and Cultural Rites of Passage Rights and Legal Status and Issues Today Special sidebars called Teen Voices appear throughout the text and include a description of a typical day in the life of a teen in various countries Students will be able to gain a better understanding of what life is like around the world for their peers and will be able to easily make cross cultural comparisons between different countries

**Psychopathology Among Youth in the 21st Century: Examining Influences from Culture, Society and Technology** Takahiro A. Kato, Alan Robert Teo, Paul W. C. Wong, 2021-03-23

**The Persistence of Melancholia in Arts and Culture** Andrea Bubenik, 2019-07-04 This book explores the history and continuing relevance of melancholia as an amorphous but richly suggestive theme in literature music and visual culture as well as philosophy and the history of ideas Inspired by Albrecht Dürer's engraving *Melencolia I* 1514 the first visual representation of artistic melancholy this volume brings together contributions by scholars from a variety of disciplines Topics include *Melencolia I* and its reception how melancholia inhabits landscapes soundscapes figures and objects melancholia in medical and psychological contexts how melancholia both enables and troubles artistic creation and Sigmund Freud's essay *Mourning and Melancholia* 1917

**Can You Tolerate This?** Ashleigh Young, 2019-07-02 A dazzling and already prizewinning collection of essays on youth and aging ambition and disappointment Katherine Mansfield tourism and New Zealand punk rock and the limitations of the body Youth and frailty ambition and anxiety the limitations of the body and the challenges of personal transformation these are the undercurrents that animate acclaimed poet Ashleigh Young's first collection of essays In *Can You Tolerate This* the title comes from the question chiropractors ask to test a patient's pain threshold Young ushers us into her early years in the faraway yet familiar landscape of New Zealand fantasizing about Paul McCartney cheering on her older brother's fledgling music career and yearning for a larger and more creative life As Young's perspective expands a series of historical portraits a boy who grew new bone wherever he was injured an early French postman who built a stone fortress by hand a generation of Japanese shut-ins strike unexpected personal harmonies as an unselfconscious childhood gives way to painful shyness in adolescence As we watch Young fall in and out of love undertake an intense yoga practice that masks an eating disorder and gradually find herself through her writing a highly particular

psyche comes into view curious tender and exacting in her observations of herself and the world around her Can You Tolerate This presents a vivid self portrait of an introspective yet widely curious young woman the colorful isolated community in which she comes of age and the uneasy tensions between safety and risk love and solitude the catharsis of grief and the ecstasy of creation that define our lives

**Deleuze, Guattari and the Schizoanalysis of Postmedia** Joff P. N. Bradley, Alex Taek-Gwang Lee, Manoj N.Y., 2023-01-12

Is the self or subject discontinuous across technological platforms Do technological developments increase inequality and exploitation Is the new media landscape creating a dangerous distraction from the climate crisis Connecting the work of critical postmedia studies to Deleuze and Guattari's concept of schizoanalysis this book marks a bifurcatory shift in the radical theory on technology A range of critical perspectives are explored by international authors who engage with ecology ecosophy climate change the postmedia condition and the Anthropocene Answering the above questions editors Joff P N Bradley Alex Taek Gwang Lee and Manoj N Y frame the volume's chapters as urgent responses to unbridled technological advance and impending climate disaster Using ecological philosophy as a core focus the volume analyses new media technologies of the self the power of algorithms and technologies of resistance to outline a materialist paradigm capable of addressing crises across the cultural biological and informational spheres Through contesting economies built on desire and destruction and questioning the infiltration of capitalism in all of its spheres of negative influence the editors review recent technological developments in light of Deleuze and Guattari's earlier seminal theories to make bold new connections and critiques in the study of media philosophy and the environment

## Unveiling the Energy of Verbal Art: An Mental Sojourn through **Hikikomori Adolescence Without End**

In a global inundated with screens and the cacophony of quick conversation, the profound power and emotional resonance of verbal artistry often fade in to obscurity, eclipsed by the constant barrage of sound and distractions. Yet, set within the musical pages of **Hikikomori Adolescence Without End**, a captivating work of literary brilliance that impulses with natural thoughts, lies an memorable trip waiting to be embarked upon. Published with a virtuoso wordsmith, that exciting opus books viewers on a mental odyssey, lightly exposing the latent potential and profound impact embedded within the complex internet of language. Within the heart-wrenching expanse of the evocative evaluation, we can embark upon an introspective exploration of the book is key themes, dissect their captivating writing design, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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