

Review of Systems (ROS)

Every once in a while we all need refresher on things we have been doing forever. A lot of time we go along thinking "I got this down; I don't need to check myself all the time."

Well sometimes we do.

So I thought I would take this opportunity to review what goes into a Review of Systems (ROS).

REVIEW OF SYSTEMS (ROS)

A ROS is an inventory of body systems obtained through a series of questions seeking to identify signs and/or symptoms which the patient may be experiencing or has experienced.

For purposes of ROS, the following systems are recognized and some examples are given:

- | | |
|--|--|
| » Constitutional symptoms (e.g., fever, weight loss) | » Genitourinary |
| » Eyes | » Musculoskeletal – joint issues |
| » Ears, Nose, Mouth, Throat | » Integumentary (skin and/or breast) – rashes or itching |
| » Cardiovascular | » Neurological |
| » Respiratory – cough or breathing problems | » Psychiatric |
| » Gastrointestinal – stomach upset or diarrhea | » Endocrine |
| | » Hematology/Lymphatics |
| | » Allergy/Immunologic |

A **problem pertinent ROS** inquires about the system directly related to the problem(s) identified in the HPI.

Documentation guidelines: The patient's positive responses and pertinent negatives for the system related to the problem should be documented.

An **extended ROS** inquires about the system directly related to the problem(s) identified in the HPI and a limited number of additional systems.

Documentation guidelines: The patient's positive responses and pertinent negatives for two to nine systems should be documented.

* Example here does **NOT** document subdomains for evaluation & management services (e.g., T)

- | | |
|--|-------------------------|
| » Respiratory – cough or breathing problems | » Psychiatric |
| » Gastrointestinal – stomach upset or diarrhea | » Endocrine |
| | » Hematology/Lymphatics |
| | » Allergy/Immunologic |

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A **complete ROS** inquires about the system(s) directly related to the problem(s) identified in the HPI plus all additional body systems.
Documentation guidelines: At least ten organ systems must be reviewed. Those systems with positive or pertinent negative responses must be individually documented. For the remaining systems, a notation indicating all other systems are negative is permissible. In the absence of such a notation, at least ten systems must be individually documented.*

Please note that CMS requires an "all other systems were reviewed and found to be negative" statement if indeed all other systems were reviewed and found to be negative and all the pertinent positives and negatives are listed.

The following is a list of unacceptable ROS statements:

- » "Otherwise negative" if there is no statement about all systems reviewed
- » "Negative"
- » "Negative per Green Sheet"

It may seem easier to use the caveat and state that the patient is unable to cooperate in a ROS. But if it is clear from the documentation that there is a caregiver or family member present this is not appropriate. In these cases you should make your best effort to obtain a ROS from the family or caregiver. If you are still unable to obtain an ROS you just state why the ROS was unobtainable.

Please remember if you referred to the HPI when you intend to have a full ROS to make sure it is actually there. If it is not present the chart will be downgraded.

This is an important part of documentation and if it is not done correctly it could mean the difference between a level 5 and a level 3 in some instances.

Coming next month we will review the HPI and History.

– Wendy J Alley, CPC

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