

# PERSONAL TRAINING

最高の環境と最高のマシンで  
一生モノのトレーニングを

2023.11.1

公式サイトがオープンしました！

2023.8.8

トレーニングラボがついにオープン！

2023.7.14

クラファンが始まりました！



## MAX TRAINING LABOとは

一人ひとりに向き合って

MAX TRAINING LABOは完全予約制のパーソナルトレーニングジムです。お客様一人一人に対して、専門資格を持ったトレ

# Maxus Training Guide

**Huangqi Zhang**



## **Maxus Training Guide:**

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