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INTRODUCTION

The controversy involving melamine which started during the last part of the 2008 brought the attention of the people back to different debates between the benefits offered by breastfeeding, and the use of substitutes for breast milk, such as commercial infant formula. This was not the very first time that these infant formula has resulted to illnesses, even deaths to several infants all over the world. As such, the continuous campaign introduced by UNICEF and the World Health Organization (WHO) together with other advocates of breastfeeding, for mothers to breastfed their babies at least until they reach 6 months old.

Practices involved in infant feeding generally involves meeting the immunological and nutritional requirements of a baby. A study involving feeding practices for infants was performed out of a sample of 100 pairs of mothers and their infants. The results have shown that only 20% of the mothers exclusively breastfeed their babies. This only reveals that socio-economic factors such as the work status, educational attainment and marital status of a mother had direct impact on these practices.

Mothers who are employed have the tendency to stop breastfeeding their babies, eventually resorting to the use of infant formula for feeding as they need to go back to work. This study also revealed that married mothers, and living with their spouse are more likely to breastfeed their babies compared to single mothers.

Also, mothers who have higher educational attainment often end up choosing formula feeding, or mixed feeding, in comparison to those with lower educational attainment. For these reasons, health care professionals continue to influence their mothers everything when it comes to decisions involved in feeding infants.

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