

A photograph of two male warehouse workers in an industrial setting. They are wearing orange hard hats, orange high-visibility safety vests over blue long-sleeved shirts, and blue jeans. The worker on the left is wearing work gloves and is leaning over a large, flat cardboard box. The worker on the right is holding a manual pallet jack, which is positioned under the box. The background shows a brick wall, wooden shelving units, and various warehouse supplies like boxes and bags. The lighting is somewhat dim, typical of an indoor warehouse.

What are the Risks Associated with Manual Handling

Manual Handling And Impact On Individuals

Catherine Delves-Yates



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