

HESI Case Study: Hypertension

George's blood pressure reading is 189/110 mmHg. His LDL cholesterol reading is 200 mg/dL. He asks the student nurse if he should be concerned about his blood pressure.

How should the student nurse respond?

Please sit here quietly for a few minutes. I need to recheck your blood pressure.

George's blood pressure is high but may be temporarily elevated due to activity or stress. The blood pressure should be rechecked after the client rests for a few minutes.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Select all that apply.

What significant risk factors for hypertension does the student nurse identify for George, according to this health history?

Family history of diabetes.

Alcohol consumption.

Smoking.

Stress.

Caffeine intake.

Alcohol consumption.

Excessive alcohol intake is strongly associated with hypertension.

Smoking.

Tobacco use is a risk factor for hypertension.

Stress.

High levels of stress can lead to an increase in blood pressure.

According to the assessment of this client, which recommendation is most important for the student nurse to provide to George?

See his HCP as soon as possible within the next week for a BP recheck.

George's blood pressure is significantly elevated. Since these BP readings were obtained on the same day, George needs to see his HCP soon for a second BP measurement so that a diagnosis can be determined and treatment initiated.

Which is the best response the student nurse can give to the George about the urgent need to see his HCP?

While often there are no symptoms, high blood pressure does cause damage to many organs.

Hesi Case Study Answers

Michael Brown



Hesi Case Study Answers:

Decoding **Hesi Case Study Answers**: Revealing the Captivating Potential of Verbal Expression

In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Hesi Case Study Answers**," a mesmerizing literary creation penned by way of a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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