

SEIZURES AND EPILEPSY: PATHOPHYSIOLOGY AND PRINCIPLES OF DIAGNOSIS

Thomas R. Henry, MD

[Scroll down for answers and explanations, which appear after question 5.]

QUESTIONS

1. A full-term male neonate has repeated tonic seizures and the electroencephalogram (EEG) shows a generalized burst-suppression pattern interictally. What is the likely diagnosis?
 - A. Benign familial neonatal epilepsy
 - B. Early myoclonic encephalopathy
 - C. Ohtahara syndrome
 - D. West syndrome
 - E. Myoclonic epilepsy in infancy
2. A full-term female infant at 10 months has normal development, single or clustered focal or massive jerks, and a normal interictal EEG. What is the likely diagnosis?
 - A. Epilepsy of infancy with migrating focal seizures
 - B. West syndrome
 - C. Myoclonic epilepsy in infancy
 - D. Dravet syndrome
 - E. Progressive myoclonus epilepsy
3. A 5-year-old boy has new onset of generalized tonic-clonic seizures as well as seizures with amnesia and unresponsiveness. The interictal EEG shows generalized 3-per-second spike-wave bursts and bilateral occipital spikes. What is the likely diagnosis?
 - A. Lennox-Gastaut syndrome
 - B. Childhood absence epilepsy
 - C. Benign epilepsy with centrotemporal spikes
 - D. Panayiotopoulos syndrome
 - E. Epilepsy with myoclonic absences
4. A 25-year-old graduate student has a first generalized tonic-clonic seizure after staying up all night to study, has a negative urine toxicology screen in the emergency department, and has a normal cranial computed tomography (CT) scan. Later in the neurology clinic, on further questioning she reports that for the last year she has had multifocal jerks on mornings after staying up late. The brain magnetic resonance imaging (MRI) study

shows subtle bilateral subcortical white matter signal changes. The interictal EEG is normal except for a single brief burst of diffuse, bilaterally predominant spikes-wave complexes repeating at about 4 Hz. What is the likely diagnosis?

- A. Juvenile absence epilepsy
 - B. Juvenile myoclonic epilepsy
 - C. Progressive myoclonus epilepsy
 - D. Autosomal-dominant nocturnal frontal lobe epilepsy
 - E. Rasmussen syndrome
5. A 25-year-old cafeteria worker has a history of febrile convulsions in early childhood and poor school performance. No seizures have occurred for many years off antiseizure medications, until a generalized tonic-clonic seizure is observed at work. In retrospect, the patient has had intense "daydreams" at work or home for the last year, and others often have had to repeat his name to get him to answer. The interictal EEG shows frequent delta-theta transients over the right temporal lobe and occasional right temporal spike-wave complexes. On brain MRI the right hippocampus is smaller and brighter than the left hippocampus. What is the likely diagnosis?
 - A. Epilepsy with generalized tonic-clonic seizures alone
 - B. Autosomal dominant epilepsy with auditory features
 - C. Lennox-Gastaut syndrome
 - D. Gelastic seizures with hypothalamic hamartoma
 - E. Medial temporal lobe epilepsy with hippocampal sclerosis

ANSWERS

1. The correct answer is (C), Ohtahara syndrome. Only the syndromes in answers A, B, and C—benign familial neonatal epilepsy (BFNE), early myoclonic encephalopathy, and Ohtahara syndrome—occur in neonates. Of these, only BFNE and Ohtahara syndrome involve tonic seizures as well. Finally, only the Ohtahara

syndrome features burst-suppression on the EEG.¹⁻³

2. The correct answer is (C), Myoclonic epilepsy in infancy. Only the syndromes in answers C and E—myoclonic epilepsy in infancy and progressive myoclonus epilepsy—involve myoclonus without other seizures, and of the listed syndromes, only myoclonic epilepsy in infancy features normal development. In addition, myoclonic epilepsy in infancy, along with Dravet syndrome, often has normal interictal EEGs in infancy.⁴
3. The correct answer is (D), Panayiotopoulos syndrome. Nonconvulsive seizures with ictal amnesia are rare except in the Panayiotopoulos syndrome. Interictal generalized 3-per-second spike-wave bursts and bilateral occipital spikes can occur in benign epilepsy with centrotemporal spikes (BECTS) and Panayiotopoulos syndrome, but the absence of centrotemporal spikes excludes BECTS.⁵
4. The correct answer is (B), Juvenile myoclonic epilepsy. Juvenile myoclonic epilepsy (JME) most often features generalized tonic-clonic seizures and myoclonus on awakening; each of the other listed syndromes requires at least one additional type of seizure that this patient does not have. Generalized fast spike-wave and polyspike-wave discharges are most characteristic of JME, and not of the other syndromes. Onset of myoclonus in JME occasionally occurs in early adulthood, although onset of myoclonus usually is earlier.⁶
5. The correct answer is (E), Medial temporal lobe epilepsy with hippocampal sclerosis. The brain MRI is described as showing the findings of hippocampal sclerosis, and these findings together with the ipsilateral interictal temporal EEG spikes are compatible only with medial temporal lobe epilepsy (TLE) with hippocampal sclerosis. Many patients with medial TLE can provide a more definite description of auras and other ictal and postictal phenomena, but subjective symptoms of the partial seizures in medial TLE also can be quite vague.⁷

Epilepsy Board Review Manual

Kelly Flemming, Lyell Jones



Epilepsy Board Review Manual:

Review Manual for the Epilepsy Board Rohit R. Das, 2017-02-14 This is a high yield book for those preparing for the board examinations in epilepsy The book is comprehensive and covers all aspects of epilepsy The book does not replace a textbook

Epilepsy Board Review Pradeep N. Modur, Puneet K. Gupta, Deepa Sirsi, 2016-07-07 Print version of the book includes free access to the app web iOS and Android which offers interactive Q A review plus the entire text of the print book Please note the app is included with print purchase only Epilepsy Board Review is designed as a primary study tool to help candidates prepare for the epilepsy board certification exam Using structured question formats typically encountered on the boards this book covers the base knowledge tested and allows users to assess their proficiency in a wide range of topics necessary to achieve subspecialty certification in the field of epilepsy This high yield review contains over 360 questions with answers detailed explanations and references The book consists of four parts that cover the phenomenology of seizures and epileptic disorders basic EEG diagnostic evaluation of seizures and epilepsy and treatment of epilepsy Liberal use of images illustrating specific EEG and neuroimaging findings enhances interpretive skills and facilitates translation of visual knowledge into the clinical practice of epilepsy Questions are randomized and include both case based and stand alone items to familiarize candidates with the question types and formats typically encountered on an exam Key Features The first dedicated self assessment and review book for the epilepsy board certification exam Contains over 360 board type questions with answers detailed rationales and references Facilitates recall of must know information and helps identify knowledge gaps for further study Includes case based and stand alone questions supplemented by 87 state of the art illustrations to ensure familiarity with the testing environment encountered in a board exam

Epilepsy Board Review Pradeep N. Modur, MD, MS, Puneet K. Gupta, MD, MSE, Deepa Sirsi, MD, 2016-07-11 This high yield review is designed as a primary study tool to help candidates prepare for the epilepsy certification exam Using structured question formats typically encountered on boards the book covers the base knowledge tested and allows users to assess their proficiency in a wide range of topics necessary to achieve subspecialty certification in the field of epilepsy Epilepsy Board Review contains over 360 questions with answers detailed explanations and references The book is divided into four sections covering phenomenology of seizures and epileptic disorders basic EEG diagnostic evaluation of seizures and epilepsy and treatment Liberal use of image based questions presenting EEG and neuroimaging findings build interpretive skills and foster improved understanding of applications and interventions Questions are randomized and include both case related questions in series and stand alone items to familiarize candidates with the question types and formats they will encounter on the exam Key Features The first and only dedicated self assessment and review tool for the Epilepsy certifying exam Contains over 360 board type questions with answers detailed explanations and references Facilitates recall of must know information and helps identify knowledge gaps for further study Includes case studies and illustrated questions with 87 state of the art images

to ensure familiarity with findings that form a significant part of any certifying exam **Epilepsy Board Review** Mohamad Z. Koubeissi, Nabil J. Azar, 2017-06-27 This concise text mirrors the content of the Epilepsy Board as distributed by the American Board of Psychiatry and Neurology Epilepsy diagnosis classification and treatment are thoroughly covered along with seizure classification epidemiology normal and abnormal EEG and treatment with antiepileptic medications and other modalities Formatted with multiple choice questions and explanations this complete resource will prepare physicians and students for the Epilepsy Board examination and provide the latest clinical approaches *Epilepsy Board Quick Review* Jerome Engel, Jr, 2014-07-01 Engel's Epilepsy Board Quick Review Selected Tables and Figures from Seizures and Epilepsy will utilize 86 tables and 47 black and white figures from the parent book to provide a quick guide for anyone preparing for the boards In addition to serving as a board review guide this will also be a handy pocket guide for any physician interested in a quick reference to drug tables signs and symptoms and other unusual facets of child or adult presenting with seizures Seizures and Epilepsy Second Edition has quickly reasserted itself as a modern classic and comprehensive textbook covering a broad range of both basic and clinical epileptology Singly authored by Dr Engel this must read text appeals to basic scientists who are interested in learning more about clinical epileptology as well as clinicians who would like to understand more about fundamental mechanisms will find this text useful This quick reference guide retains all of the benefits of the classic in a pared down and easily manageable guide Family Medicine Board Review Book Robert A. Baldor, 2023-06-15 Packed with nearly 1 100 multiple choice questions and answers on topics commonly found on ABFM board examinations The Family Medicine Board Review Book Second Edition edited by Dr Robert A Baldor helps you make the most of your study time and achieve exam success It provides valuable background information on ABFM in training board certification and recertification examinations and their formats before presenting questions that are weighted and structured to mimic the ABFM exam This unique cost effective review tool is ideal for testing your knowledge in every area of family medicine and identifying areas that may require further study Offers nearly 1 100 multiple choice questions that follow the ABFM Exam blueprint the best question to cost ratio of any Q bank available for Family Medicine Features dozens of new questions throughout as well as more questions in the form of clinical vignettes to mimic the evolving exam format Includes an atlas with clinical images and lab smears reflecting the types of illustrations that are included on the exam Contains additional reading suggestions for each answer a Study Grid to help diagnose areas for improvement practical test taking tips from Family Medicine Residency Program directors and highlighted key points throughout Ideal for use with Dr Frank J Domino's Fast Facts for the Family Medicine Board Review for a comprehensive board exam preparation experience **Essentials of Pathophysiology for Nursing Practice** Neal Cook, Andrea Shepherd, Jennifer Boore, Stephanie Dunleavy, 2019-05-25 A straight forward detailed overview of pathophysiology providing nursing students with clear and simple explanations of the basic principles that underpin health and illness and the main causes of disease The book uses person centred nursing as its

guiding principle in line with the new NMC standards to encourage students to develop a more detailed understanding of specific disorders and learn how to apply the bioscience theory to nursing practice and patient care Key features Full colour diagrams and figures all content supported by colourful reader friendly illustrations Person centred bioscience a fictional family woven through the book encourages students to think holistically about pathophysiology and consider the lived experiences of different conditions and diseases Online resources access to online materials for lecturers and students including multiple choice questions videos flashcards lecturer test bank an image bank and a media teaching guide

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Johns Hopkins Internal Medicine Board Review E-Book Bimal Ashar,Redonda Miller,Stephen Sisson,Johns Hopkins Hospital,2012-02-20 Don't gamble on the most important exam of your career ace the boards with the Johns Hopkins Internal Medicine Board Review Johns Hopkins was the birthplace of the Internal Medicine residency and it has led the field ever since Now it's also the source of the most effective board review tool in the specialty Respected experts summarize just the imperative information you need to know for certification or recertification Get all the core knowledge you need through comprehensive review text bolded key information and helpful tables and algorithms Test your skills and simulate the exam experience with over 1 000 exam questions complete comprehensive answers in study and test modes and fully searchable text online at www.expertconsult.com Go into the exam with confidence with exam taking tips and tricks View full color clinical images covering all the image types you'll see on the boards including x rays common skin findings peripheral blood smear ophthalmology findings and CT and MR images Master the latest knowledge and concepts in the field through fully updated text questions

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Mayo Clinic Neurology Board Review: Clinical Neurology for Initial Certification and MOC Kelly Flemming, Lyell Jones, 2015 This comprehensive board review guide will aid in the preparation for the neurology board certification and re certification exams With extensive neuroimaging illustrations and neuropathology included this book eliminates the need for obtaining multiple resources to study for the neurology board examination with high yield information emphasized to highlight key facts In addition to those people preparing to take or recertify for the neurology boards it will also be useful to medical students and residents rotating through neurology or for the generalist with an interest in reviewing neurology

Mayo Clinic Neurology Board Review Kelly D Flemming, Lyell K Jones, 2015-06-15 This print edition of Mayo Clinic Neurology Board Review Clinical Neurology for Initial Certification and MOC comes with a year's access to the online version on Oxford Medicine Online By activating your unique access code you can read and annotate the full text online follow links from the references to primary research materials and view enlarge and download all the figures and tables Written specifically for anyone preparing to recertify for the Neurology Boards or even those taking the exam for the first time this comprehensive board review guide is everything needed in an easy to read and beautifully presented text With extensive neuroimaging illustrations and neuropathology included this book eliminates the need for obtaining multiple resources to study for the neurology board examination with high yield information emphasized to highlight key facts The book is divided into the basic sciences in Part 1 and clinical neurology in Part 2 It features short easy to read chapters to help the busy resident fellow and clinician on the run In addition to those people preparing to take or recertify for the neurology boards it will also be useful to medical students and residents rotating through neurology or for the generalist with an interest in reviewing neurology

Clinical Neurophysiology Board Review Q&A, Second Edition Puneet K. Gupta, Pradeep N. Modur, Srikanth

Muppidi,2020-09-09 Note to Readers Publisher does not guarantee quality or access to any included digital components if book is purchased through a third party seller Updated and expanded this second edition of the proven high yield highly illustrated clinical neurophysiology board review is designed to help candidates assess and refine their knowledge in all domains tested on the exam With over 880 structured multiple choice questions answers and detailed rationales this comprehensive review mimics the testing environment with the question types and formats you will find on the exam Every question has been vetted and refreshed where needed and new questions have been added to reflect changes to the updated ABPN Clinical Neurophysiology exam content blueprint The book is a valuable study tool for initial certification or MOC review and covers anatomy and physiology electronics and instrumentation nerve conduction studies and EMG EEG evoked potentials and intraoperative monitoring sleep studies ethics and safety and advanced topics including SEEG QEEG MEG autonomic testing and more A unique Pearls for Passing chapter provides a quick hit review of key facts before the exam Clinical Neurophysiology Board Review Q A Second Edition is a one stop review for any neurology exam or practice area involving clinical neurophysiologic testing Written by experienced authors who are collectively board certified in all of the areas covered this indispensable resource provides the knowledge and confidence you need to succeed on exam day and every day Key Features Contains over 880 board style questions covering all areas of Clinical Neurophysiology with over 80 newly added questions to this edition Each question has 5 answer choices along with detailed rationales Includes more than 160 state of the art digital images to ensure familiarity with clinical neurophysiologic studies and findings that form a significant part of any certifying exam Includes free access to the ebook for review on mobile devices and computers

The Psychiatric Interview for Differential Diagnosis Lennart Jansson,Julie Nordgaard,2016-07-18 This book offers an alternative to operational diagnostic manuals and manuals for structured interviewing as the only sources of theoretical and clinical knowledge It provides an exposition of psychiatric interviewing that is theoretically and clinically well founded and supplies the reader with a coherent framework for performance of a thorough psychiatric examination The goal is not to come up with yet another interview scheme but to facilitate an understanding of the basic but today completely neglected tenets of psychopathology and phenomenology This exposition targets the disorders of subjectivity consciousness the second person processes involved in converting subjective first person and observable data into a third person diagnostically useful format In addition the most pertinent clinical descriptions concerning the major diagnostic groups are presented and discussed

Psychiatry Board Review Rajesh R. Tampi,Kristina Zdanys,Mark Oldham,2017 The new review book is aimed primarily at psychiatrists preparing for their initial certification or recertification examinations in psychiatry The textbook also provides a useful reference for all psychiatric clinicians in practice to familiarize themselves with the new diagnostic classifications of DSM 5 the latest psychopharmacologic treatment strategies and psychotherapeutic techniques

Intensive Neurosurgery Board Review Thomas G. Psarros,Shawn P. Moore,2006 An essential review for residents

across neurological disciplines the chapters are organized into groups of questions covering neurobiology neuroanatomy clinical neurology neuropathology neuroradiology neurosurgery and critical care Written and edited by neurosurgery residents who have passed the boards the book works as an effective stand alone review book or used in conjunction with The Definitive Neurological Surgery Board Review Featuring hundreds of high quality figures as well as high yield tables this essential review book concludes with a 300 question multidisciplinary self assessment examination **BOOK JACKET** **Brain Injury Medicine E-Book** Blessen C. Eapen,David X. Cifu,2020-07-17 The only review book currently available in this complex field Brain Injury Medicine Board Review focuses on the prevention diagnosis treatment and management of individuals with varying severity levels of brain injury Focused high yield content prepares you for success on exams and in practice with up to date coverage of traumatic brain injury TBI stroke CNS neoplasms anoxic brain injury and other brain disorders This unique review tool is ideal for residents fellows and practitioners studying or working in the field and preparing to take the brain injury medicine exam Supports self assessment and review with 200 board style questions and explanations Covers the information you need to know on traumatic brain injury by severity and pattern neurologic disorders systemic manifestations rehabilitation problems and outcomes and basic science Includes questions on patient management including patient evaluation and diagnosis prognosis risk factors and applied science Discusses key topics such as neurodegeneration and dementia proteomic genetic and epigenetic biomarkers in TBI neuromodulation and neuroprosthetics and assistive technology Reviews must know procedures including acute emergency management and critical care post concussion syndrome assessment management and treatment diagnostic procedures and electrophysiology neuroimaging and brain death criteria Ensures efficient effective review with content written by experts in physical medicine and rehabilitation neurology and psychiatry and a format that mirrors the board exam outline *Clinical Neurophysiology Board Review Q&A* Puneet K. Gupta,Pradeep N. Modur,Srikanth Muppidi,2014-09-30 This is a very useful board review for the neurophysiology sections in several board certification examinations Anyone preparing for these examinations should have access to these prototypical questions and the explanations of the answers Doody's Reviews This high yield illustrated clinical neurophysiology board review is a comprehensive resource for assessing and refining the knowledge tested on multiple board examinations Written by authors who are collectively board certified in all of the areas covered the book is a valuable study tool for candidates preparing for certification or recertification in clinical neurophysiology neuromuscular medicine epilepsy sleep medicine and neurology Using structured question formats typically encountered on boards this comprehensive review allows users to assess their knowledge in a wide range of topics provides rationales for correct answers and explains why the other choices are incorrect A unique Pearls section at the end of the book allows for quick review of the most important concepts prior to exam day Clinical Neurophysiology Board Review Q A contains 801 questions with answers and detailed explanations The book is divided into eight chapters covering anatomy and physiology electronics

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