

Manual Muscle Strength Grading Chart

Grade	Percentage	Description
5 (Normal)	100	Complete range of motion against gravity with full resistance
4 (Good)	75	Complete range of motion against gravity with some resistance
3 (Fair)	50	Complete range of motion against gravity with no resistance
2 (Poor)	25	Complete range of motion with gravity eliminated
1 (Trace)	10	Evidence of slight contractility with no evidence of joint motion even with gravity eliminated
0 (Zero)	0	No evidence of muscle contractility

Manual Muscle Strength Chart

Padhraic Smyth

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

Manual Muscle Strength Chart:

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