

Chapter 1

Routine maintenance and servicing

Contents

Air cleaner element renewal	31	Front wheel alignment check	35
Air cleaner temperature control check	29	Gearbox oil level check	22
Auxiliary drivebelt check	20	Handbrake check	19
Battery electrolyte level check	see "Weekly checks"	Hinge and lock check and lubrication	14
Battery terminal check	17	HT lead, distributor cap and ignition circuit check	13
Brake hydraulic fluid renewal	33	Ignition timing and contact breaker gap (dwell angle) check	
Brake hydraulic system seal and hose renewal	32	- OHV engines	15
Brake pipe and hose check	26	Intensive maintenance	2
Choke adjustment check	9	Introduction	1
Contact breaker point renewal and distributor lubrication		Mixture adjustment check	11
- OHV engines	23	Road test	27
Crankcase ventilation system check	28	Roadwheel security check	8
Emission control filter element renewal - CVH engines	30	Seat belt check	6
Engine coolant renewal	36	Spark plug check	12
Engine idle speed check	10	Spark plug renewal	21
Engine oil and filter renewal	3	Steering and suspension security check	24
Engine valve clearance check - OHV engines	18	Throttle damper operation check	16
Exhaust system check	7	Timing belt renewal - CVH engines	34
Fluid leak check	5	Tyre checks	see "Weekly checks"
Fluid level checks	see "Weekly checks"	Underbody inspection	25
Front and rear brake pad/shoe check	4	Wiper blade check	see "Weekly checks"

Degrees of difficulty

Easy, suitable for novice with little experience		Fairly easy, suitable for beginner with some experience		Fairly difficult, suitable for competent DIY mechanic		Difficult, suitable for experienced DIY mechanic		Very difficult, suitable for expert DIY or professional	
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Servicing Specifications

Lubricants and fluids

See end of "Weekly checks"

Capacities

Engine oil

With filter:

1.0 and 1.1 OHV 3.25 litres (5.7 imp pints)

1.3, 1.4 and 1.6 CVH 3.50 litres (6.2 imp pints)

Without filter:

1.0 and 1.1 OHV 2.75 litres (4.8 imp pints)

1.3, 1.4 and 1.6 CVH 3.25 litres (5.7 imp pints)

Cooling system (including heater)

1.0 and 1.1 OHV 5.5 litres (9.7 imp pints)

1.3 and 1.4 CVH 6.3 litres (11.1 imp pints)

1.6 CVH 8.0 litres (14.1 imp pints)

Fuel tank

All models - pre 1985, except XR2 34 litres (7.5 gallons)

XR2 38 litres (8.4 gallons)

All models - 1985 on 40 litres (8.8 gallons)

Gearbox:

4-speed 2.8 litres (4.9 imp pints)

5-speed 3.1 litres (5.5 imp pints)

Ford Mk7 Service Manual

Ian Pickup



Ford Mk7 Service Manual:

The Enigmatic Realm of **Ford Mk7 Service Manual**: Unleashing the Language is Inner Magic

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Table of Contents Ford Mk7 Service Manual

1. Understanding the eBook Ford Mk7 Service Manual
 - The Rise of Digital Reading Ford Mk7 Service Manual
 - Advantages of eBooks Over Traditional Books
2. Identifying Ford Mk7 Service Manual
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Ford Mk7 Service Manual
 - User-Friendly Interface
4. Exploring eBook Recommendations from Ford Mk7 Service Manual
 - Personalized Recommendations
 - Ford Mk7 Service Manual User Reviews and Ratings

- Ford Mk7 Service Manual and Bestseller Lists
- 5. Accessing Ford Mk7 Service Manual Free and Paid eBooks
 - Ford Mk7 Service Manual Public Domain eBooks
 - Ford Mk7 Service Manual eBook Subscription Services
 - Ford Mk7 Service Manual Budget-Friendly Options
- 6. Navigating Ford Mk7 Service Manual eBook Formats
 - ePub, PDF, MOBI, and More
 - Ford Mk7 Service Manual Compatibility with Devices
 - Ford Mk7 Service Manual Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Ford Mk7 Service Manual
 - Highlighting and Note-Taking Ford Mk7 Service Manual
 - Interactive Elements Ford Mk7 Service Manual
- 8. Staying Engaged with Ford Mk7 Service Manual
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Ford Mk7 Service Manual
- 9. Balancing eBooks and Physical Books Ford Mk7 Service Manual
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Ford Mk7 Service Manual
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Ford Mk7 Service Manual
 - Setting Reading Goals Ford Mk7 Service Manual
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Ford Mk7 Service Manual
 - Fact-Checking eBook Content of Ford Mk7 Service Manual
 - Distinguishing Credible Sources

13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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