

Self-Concept

What I am going to talk to you about through this essay is Self-concept and how it is developed and how many kinds and types of self-concepts there are. There are many kinds of self-concepts there are positive, negative and there can also be a combination. There are three kinds of self concepts; there are social experiences, social comparison and reflected appraisals. Self concept is the idea or mental image one has of one-self and ones strengths and weaknesses. This is my essay talking about self concept and how it is formed. It also has examples of self concepts and also another thing that I came across which is called personal feedback. This essay contains different kinds of self concepts and what I have learned of this subject.

What is self concept? Self concept is the way that you see yourself, there are many forms and ways of self concept you can have a positive self concept or a negative self concept, and also a combination. Many people can start developing their self concept from an early age, from your childhood for example small children can feel ignored real easily or forgotten about, these kinds of thoughts start forming a negative self concept. Persons with negative self concept are people that think little of themselves and think that they are not important. Self-concept is developed primarily through our communication with others, we are social and there for we develop an understanding of ourselves as a result of our relationships with others. We make a image of ourselves by the way that a friend or another person talks to us and communicates with us, that is called a feedback meaning that you will see yourself as other people treat you, for example a parents feedback will help their child understand who they are. As a child gets older he starts getting more feedback from different people even maybe feedbacks from his/her older brother or sister. As we get older our self-concept matures, and the influence of the feedback from others is not as strong as when we were kids. As we become surer of

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