

Department:						
Location:						
Inspector:						
Date:						
INSPECTION ITEMS	Y	N	N/A	Corrective Action	Corrected at time of inspection	Date Complete
<b>Job Design</b>						
1. When possible, jobs are designed to minimize manual material handling.					<input type="checkbox"/>	
2. When possible, mechanical lifting devices (forklifts, hoists, cranes, and block and tackle) are used.					<input type="checkbox"/>	
3. Manual lifting and carrying devices (dollies, hand trucks, pry bars, and hooks) are available and in good condition.					<input type="checkbox"/>	
4. Where possible, materials and equipment are used that are easy to lift and carry (for example, bricks with handholds or fiberglass ladders).					<input type="checkbox"/>	
5. Where possible, materials and equipment are used that are easy to lift and carry (for example, bricks with handholds or fiberglass ladders).					<input type="checkbox"/>	
6. Where possible, materials are ordered in small, light quantities (for example, 3-foot drywall or small packages of cement).					<input type="checkbox"/>	
7. Lifting tasks are divided among workers to reduce repetitive lifting.					<input type="checkbox"/>	
8. Heavy materials which must be lifted manually are stored off the ground, no lower than knee height. (This limits the height of the lifting required, and reduces pressure on the spine.)					<input type="checkbox"/>	
9. Heavy materials are stored where there is enough space to lift them safely, without reaching or twisting.					<input type="checkbox"/>	
10. When possible, jobs are designed to minimize manual material handling.					<input type="checkbox"/>	
<b>Training</b>						
11. Workers have been trained about all identified lifting hazards on the job					<input type="checkbox"/>	
12. Workers have been trained in safe lifting techniques					<input type="checkbox"/>	
<b>Work Practices</b>						
13. Materials are delivered as close as possible to where they will be used.					<input type="checkbox"/>	
14. Loads are split up to reduce weight.					<input type="checkbox"/>	
15. Walkways are kept clear to allow use of material handling devices like carts and dollies.					<input type="checkbox"/>	

# Manual Material Handling Inspection Checklist

**Charles D. Reese**



## **Manual Material Handling Inspection Checklist:**

**Materials Handling Equipment Maintenance Manual** United States. Navy Department. Bureau of Supplies and Accounts,1961 *Materials Handling Equipment, Maintenance Manual* Supplies and Accounts Bureau (Navy Department).,1961 **Safety in Manual Materials Handling** ,1978 *Manuals Combined: Navy Air Force And Army Occupational Health And Safety - Including Fall Protection And Scaffold Requirements* , Over 2 900 total pages Contains the following publications 1 NAVY SAFETY AND OCCUPATIONAL HEALTH PROGRAM MANUAL 2 NAVY SAFETY AND OCCUPATIONAL HEALTH SOH PROGRAM MANUAL FOR FORCES AFLOAT 3 DEPARTMENT OF THE NAVY DON FALL PROTECTION GUIDE 4 Air Force Consolidated Occupational Safety Instruction 5 U S Army Corps of Engineers SAFETY AND HEALTH REQUIREMENTS Handbook of Occupational Safety and Health S. Z. Mansdorf,2019-04-23 A quick easy to consult source of practical overviews on wide ranging issues of concern for those responsible for the health and safety of workers This new and completely revised edition of the popular Handbook is an ideal go to resource for those who need to anticipate recognize evaluate and control conditions that can cause injury or illness to employees in the workplace Devised as a how to guide it offers a mix of theory and practice while adding new and timely topics to its core chapters including prevention by design product stewardship statistics for safety and health safety and health management systems safety and health management of international operations and EHS auditing The new edition of Handbook of Occupational Safety and Health has been rearranged into topic sections to better categorize the flow of the chapters Starting with a general introduction on management it works its way up from recognition of hazards to safety evaluations and risk assessment It continues on the health side beginning with chemical agents and ending with medical surveillance The book also offers sections covering normal control practices physical hazards and management approaches which focuses on legal issues and workers compensation Features new chapters on current developments like management systems prevention by design and statistics for safety and health Written by a number of pioneers in the safety and health field Offers fast overviews that enable individuals not formally trained in occupational safety to quickly get up to speed Presents many chapters in a how to format Featuring contributions from numerous experts in the field Handbook of Occupational Safety and Health 3rd Edition is an excellent tool for promoting and maintaining the physical mental and social well being of workers in all occupations and is important to a company s financial moral and legal welfare **Material Handling Systems** Charles Reese,2000-05-11 This book points out the safety and health concerns as well as the regulatory requirements for safe material handling Many material handling venues are discussed from cranes to industrial robots This diverse approach to material handling safety will be of interest to those who are responsible for safety or having material handling as a major component of their operation **Handbook of Safety and Health for the Service Industry - 4 Volume Set** Charles D. Reese,2018-10-03 Each of the four volumes in the Handbook of Safety and Health for the Service Industry demonstrates how to tackle

particular safety and health dangers in sub sectors of the service industry They cover materials and goods services infrastructure services administrative services and people oriented services Closely examining hazard identification A **Resource Guide to Worker Education Materials in Occupational Safety and Health** United States. Occupational Safety and Health Administration,1982 *Index of Specifications and Standards* ,1967 Industrial Safety and Health for Infrastructure Services Charles D. Reese,2008-10-24 Industrial Safety and Health for Infrastructure Services provides an in depth look into the areas of transportation utilities administrative waste management and remediation It covers OSHA regulations in reference to the major safety and health hazards associated within these five fields This user friendly text Provides guidance on removal d **A Guide to Worker Education Materials in Occupational Safety and Health** ,1982

National Manufactured Home Construction and Safety Standards United States. Congress. House. Committee on Banking, Finance, and Urban Affairs. Subcommittee on Housing and Community Development,1981 Power Generation Equipment Repairer United States. Department of the Army,1979 The Comprehensive Handbook of School Safety E. Scott Dunlap,2016-04-19 In most schools you will probably see one if not all of the following Metal detectors to prevent handguns and other weapons from being brought onto school property Students in standardized uniforms to prevent the appearance of gang affiliations Police officers patrolling the property to deter violent activity as well as respond to incidents Such evolution Handbook of Human Factors and Ergonomics Gavriel Salvendy,2012-03-13 The fourth edition of the Handbook of Human Factors and Ergonomics has been completely revised and updated This includes all existing third edition chapters plus new chapters written to cover new areas These include the following subjects Managing low back disorder risk in the workplace Online interactivity Neuroergonomics Office ergonomics Social networking HF E in motor vehicle transportation User requirements Human factors and ergonomics in aviation Human factors in ambient intelligent environments As with the earlier editions the main purpose of this handbook is to serve the needs of the human factors and ergonomics researchers practitioners and graduate students Each chapter has a strong theory and scientific base but is heavily focused on real world applications As such a significant number of case studies examples figures and tables are included to aid in the understanding and application of the material covered Developing a Safety and Health Program Daniel E. Della-Giustina,2009-12-17 Reflecting changes in the field during the ten years since the publication of the first edition Developing a Safety and Health Program Second Edition examines the elements of a safety and health program and delineates how to incorporate them into an organization s safety efforts It begins by defining safety policy and providing an overview of OS **International Health and Safety at Work** Phil Hughes MBE,Phil Hughes,Ed Ferrett,2015-09-16 International Health and Safety at Work has been specially written in simple English for the thousands of students who complete the NEBOSH International General Certificate in Health and Safety each year Fully revised in alignment with the April 2015 syllabus this third edition provides students with all they need to tackle the course with confidence Clear easily

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## **Manual Material Handling Inspection Checklist** Book Review: Unveiling the Power of Words

In some sort of driven by information and connectivity, the power of words has be more evident than ever. They have the capacity to inspire, provoke, and ignite change. Such is the essence of the book **Manual Material Handling Inspection Checklist**, a literary masterpiece that delves deep to the significance of words and their effect on our lives. Compiled by a renowned author, this captivating work takes readers on a transformative journey, unraveling the secrets and potential behind every word. In this review, we shall explore the book is key themes, examine its writing style, and analyze its overall effect on readers.

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