# Manual Muscle Testing Grades

Grades	Description
0	No visible or palpable contraction.
1	Visible or palpable contraction without motion
2	Full range of motion, gravity eliminated
3	Full range of motion against gravity
4	Full range of motion against gravity, moderate resistance
5	Full range of motion against gravity, maximal resistance

# **Manual Muscle Testing Grades Cheat Sheet**

Henry Otis Kendall, Florence Peterson Kendall, Gladys Elizabeth Wadsworth **Manual Muscle Testing Grades Cheat Sheet:** 

#### Manual Muscle Testing Grades Cheat Sheet Book Review: Unveiling the Magic of Language

In an electronic digital era where connections and knowledge reign supreme, the enchanting power of language has are more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is really remarkable. This extraordinary book, aptly titled "**Manual Muscle Testing Grades Cheat Sheet**," compiled by a very acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound affect our existence. Throughout this critique, we will delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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#### **Manual Muscle Testing Grades Cheat Sheet Introduction**

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