

## COMPLETE HEALTH HISTORY PAPER #2 EXAMPLE

### THIS IS A DIFFERENT PATIENT FROM PAPER #1

Please do not use the patient's name, address, initials, or DOB on 175 papers.

#### IDENTIFYING DATA:

Name: Pt. # 1

Address: CA

Sex: M

Age: 32

Date of Birth:

Marital Status: Married

Race: Caucasian

Date: 7/29/2023

Children: Girl 13, Boy 5

Occupation: Truck Driver

Religious Preference: None

Insurance: Private

Source/Reliability: Self, seems reliable

CC: Low back pain x 2-3 months

HPI: Bilat low back pain (6/10 pain scale). Pain most days over past 2-3 months, worsened past 2 weeks (max pain scale 8/10). Describes as achy, non-radiating, occas burning, > L side. Pain worse when pushes, lifts, or supports heavy loads. Pain relieved w/ lying down or after standing/walking. Very comfortable w/ sitting erect. Notices pain while driving for prolonged periods. Drives up to 12 hrs qd w/ only brief rest stops (transports boats of all sizes). Driving cross country x 2 ½ years. Truck seat w/ air cushion for low back support. Hx of low back pain x 10 years w/ periodic flares up. Initial injury playing football in high school. Various manual labor jobs since caused occas irritated low back with same type of pain as in past. Comes to clinic now d/t pain more constant and will drive a lot over the next 2-3 weeks (1,000 miles from home). Has seen PMD on 2-3 occas. Tx includes rest, heat or ice, and Advil (600 mg TID); always improves (1-2/10). No x-rays, CT or MRI done.

Denies other trauma, joint pain, stiffness, swelling, deformity or limited ROM; or arthritis, gout, muscle weakness/fatigue/tremors. Denies sensory changes, paresthesia, radiating pain, change in gait, coordination problems, seizures or twitching. Denies frequency, dysuria,

# Health History Sample Paper

**Yan Bai**



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