

## Health Science 1-Final Exam Study Guide

### A. Safety

1. What 3 things are needed to start and sustain a fire? **fuel, heat, oxygen**
2. Describe ergonomics. **it promotes safety and attempts to prevent injury**
3. What 4 things do microorganisms need to grow and reproduce? **Water, oxygen, a warm environment, darkness**
4. Name and describe the 6 chains in the chain of infection.  
**Infectious agent-First stage; pathogen**  
**Reservoir host-Second stage; place or host where the pathogen lives/resides**  
**Portal of the exit-Third stage; route of escape of the pathogen from the reservoir**  
**Route of the transmission-Fourth stage; Method by which pathogen gets from the reservoir to the new host by touching the air**  
**Portal of the entry-Fifth stage; route through which the pathogen enters its new host. It could inhale it, ingest it, or have sexual contact**

**Susceptible host- Sixth stage; Organism that accepts pathogen; back to the beginning**

5. What are examples of personal protective equipment? **gloves, mask, goggles**
6. What is the major cause of fires? **carelessness with smoking and matches**
7. When should you wash your hands in healthcare? **Before and after a procedure and if they contaminate and after removing gloves**
8. If a person contracts a pathogen that is transmitted through air, soil, food, or feces is called: **Indirect contact**
9. What are some examples of ways to break the chain of infection? **handwashing, vaccination, wearing a mask**
10. An infection originating inside the body is called a/an: **nosocomial**
11. An infection originating in a healthcare setting is called a/an: **endogenous**
12. What are the routes of exposure to microorganisms? **direct contact, fomites, aerosol airborne, oral ingestion, and vectorborne**

### B. History and Systems

13. Geriatric care will experience a rapid **increase**(increase or decrease) in the future.
14. Is outpatient care more or less expensive than in-patient care? **Less because inpatient goes up every day that you there**
15. Early intervention and preventative services are **More**(more or less) cost-effective than treating the illness after it has occurred.
16. **Hippocrates** developed an organized method to observe the body and record signs and symptoms of diseases.
17. **Michelangelo** and **Leonardo da Vinci** used dissection in order to draw the human body more realistically.
18. Public health and sanitation systems were first developed by the **ancient Romans**.
19. Vaccination for smallpox was developed in 1796 by **Edward Jenner**.
20. Disinfectants and antiseptics were first used to prevent infection during surgery by **D. Joseph Lister**.
21. What disease was cured by introducing citrus fruits or vitamin C? **scurvy**

# Health Exam Study Guide

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## **Health Exam Study Guide:**

This book delves into Health Exam Study Guide. Health Exam Study Guide is an essential topic that needs to be grasped by everyone, from students and scholars to the general public. This book will furnish comprehensive and in-depth insights into Health Exam Study Guide, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:

- Chapter 1: Introduction to Health Exam Study Guide
- Chapter 2: Essential Elements of Health Exam Study Guide
- Chapter 3: Health Exam Study Guide in Everyday Life
- Chapter 4: Health Exam Study Guide in Specific Contexts
- Chapter 5: Conclusion

2. In chapter 1, the author will provide an overview of Health Exam Study Guide. This chapter will explore what Health Exam Study Guide is, why Health Exam Study Guide is vital, and how to effectively learn about Health Exam Study Guide.

3. In chapter 2, the author will delve into the foundational concepts of Health Exam Study Guide. The second chapter will elucidate the essential principles that need to be understood to grasp Health Exam Study Guide in its entirety.

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5. In chapter 4, the author will scrutinize the relevance of Health Exam Study Guide in specific contexts. The fourth chapter will explore how Health Exam Study Guide is applied in specialized fields, such as education, business, and technology.

6. In chapter 5, this book will draw a conclusion about Health Exam Study Guide. This chapter will summarize the key points that have been discussed throughout the book.

This book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Health Exam Study Guide.

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### Table of Contents Health Exam Study Guide

1. Understanding the eBook Health Exam Study Guide
  - The Rise of Digital Reading Health Exam Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Health Exam Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Health Exam Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Health Exam Study Guide
  - Personalized Recommendations
  - Health Exam Study Guide User Reviews and Ratings
  - Health Exam Study Guide and Bestseller Lists
5. Accessing Health Exam Study Guide Free and Paid eBooks
  - Health Exam Study Guide Public Domain eBooks
  - Health Exam Study Guide eBook Subscription Services
  - Health Exam Study Guide Budget-Friendly Options
6. Navigating Health Exam Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Health Exam Study Guide Compatibility with Devices
  - Health Exam Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Health Exam Study Guide
  - Highlighting and Note-Taking Health Exam Study Guide
  - Interactive Elements Health Exam Study Guide
8. Staying Engaged with Health Exam Study Guide

- Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Health Exam Study Guide
9. Balancing eBooks and Physical Books Health Exam Study Guide
- Benefits of a Digital Library
  - Creating a Diverse Reading Collection Health Exam Study Guide
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
11. Cultivating a Reading Routine Health Exam Study Guide
- Setting Reading Goals Health Exam Study Guide
  - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Health Exam Study Guide
- Fact-Checking eBook Content of Health Exam Study Guide
  - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
- Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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