



CDA Lesson Plan Form

Name: Notchil Santiago

Classroom Level: Preschool

Theme _____

Date of

Implementation _____

✓ **Developmental Goals:**

- Gross Motor Skills

✓ **Iowa Early Learning Standards:**

- 8.2 Gross Motor
- 10.4 Social Development

✓ **Learning Objectives:**

- The children in the classroom will use their gross motor skills, while they're playing Balloon tennis.

✓ **Materials Needed:**

- A bag of blow up balloons (you can get them at the dollar store)
- Fly Swatters (dollar store, and you can grab the ones with the designs on them)

✓ **Motivation/Introduction:**

- For the introduction, you can start by gathering the children around. The motivation is for them is to try and hit the balloon as hard as they can.

✓ **Procedures:**

- **Modeling/Guided Practice: (show, follow me)?**
 - By guiding/ modeling what to do, guide them to hit balloon with the fly swatter.
- **Checking for Understanding (specific questions you will ask)?**
 - Ask them "Does the balloon go up when you hit it, or does it go down?"
 - Also ask them to go up in the front and practice a swing.
- **Independent Work**
 - There can be independent work, it would be like a little game with themselves. Trying to see how many times they can hit it up in the air, like a paddle ball. But this activity is mostly for having a partner, to engage and interact with other classmates.

✓ **Closure/Transition:**

- At the end, tell them to put the balloons in a basket, and the fly swatter away.

Gross Motor Lesson Plan For Preschoolers

Joacim Rocklöv



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