

Head To Toe Assessment



05 Different color

Head To Toe Assessment

Name: _____ Admit Date: _____ Time: _____
Sex: _____ Age: _____ Weight: _____ Room: _____
Assessment Conducted By: _____

LEVEL OF CONSCIOUSNESS

- ☐ Alert, awake and responsive.
- ☐ Somnolent/sleepy.
- ☐ Lethargic: very drowsy, falls asleep in between care.
- ☐ Confused: note that confusion can occur anywhere along this spectrum and is not always present prior to the patient becoming comatose, lethargic, etc.
- ☐ Stunned/difficult to arouse.

ORIENTATION

- ☐ Do you know where you are?
 - ☐ Do you know what month it is?
 - ☐ Who is the current U.S. president?
 - ☐ What are you doing here?
- A&O x4 = Oriented to Person, Place, Time and Situation.

RESPONSIVENESS

- ☐ Calm
- ☐ Cooperative
- ☐ Anxious

UPPER EXTREMITIES

- ☐ Shoulder Thrug: Strong / Weak / Unable
- ☐ Grip strength: _____
- ☐ Range of motion: _____
- ☐ Capillary refill: _____
- ☐ Radial pulse: _____

HAIR

- ☐ Evenly distributed
- ☐ Unevenly distributed
- ☐ Neatly Groomed
- ☐ Dirty
- ☐ Clean
- ☐ Thick/ Full volume
- ☐ Sparse / hair loss
- ☐ Others: _____

HAIR

- ☐ No ☐ Yes
- ☐ Location: _____
- ☐ Intensity: _____ /10
- ☐ Quality: _____
- ☐ Aggravating Factors: _____
- ☐ Alleviating Factors: _____
- ☐ Duration/frequency: _____

LEG

- ☐ Skin (even, flat, dry)
- ☐ Auscultate (4 quadrants)
- ☐ Ask about BM & Urine
- ☐ Palpate

Head To Toe Assessment

LUNGS

- ☐ Unilateral
- ☐ Regular
- ☐ Rales
- ☐ Rhonchi
- ☐ Wheezing
- ☐ Coarse
- ☐ Crackles
- ☐ Shortness of breath
- ☐ At rest ☐ With exertion

HEART

- ☐ ICB
- ☐ Edema
- ☐ JVD
- ☐ Abnormal ECG
- ☐ Pulse Assessment
- ☐ Chest Pain
- ☐ Abnormal Heart Sounds

HEAD AND FACE

- ☐ Inspect for size, shape, and contour
- ☐ Inspect for color
- ☐ Skull is generally round with no anterior or posterior prominences.
- ☐ Facial features are less pronounced facial features.
- ☐ Facial features which may alter facial features: Bell's palsy, Down syndrome, Marfan's disease, Myxedema, Cushing's disease, Cushing's syndrome

GENERAL AND HEALTH

- ☐ History
- ☐ Presenting complaint
- ☐ Chief complaint
- ☐ Sensation = Mood
- ☐ Appetite/Weight
- ☐ Hydration/Dehydration Level
- ☐ Level of consciousness

LOWER EXTREMITIES

- ☐ Inspect
- ☐ Inspect phalix and inner ear

NOSE

- ☐ Assess Patency
- ☐ Ensure Sense of Smell
- ☐ Inspect septum + turbinates

MOUTH

- ☐ Inspect lips / Mucosa
- ☐ Assess Teeth + Gums
- ☐ Check hard + soft palate

THROAT

- ☐ Inspect uvula
- ☐ Test CN XI move tongue side to side
- ☐ Test CN XI "say ahah"

EYES

- ☐ PERRLA - pupils, equal, round, reactive
- ☐ Check for tracking
- ☐ Pupillary response with pain

NECK

- ☐ Ask about any pain / tenderness
- ☐ Palpate throat
- ☐ ROM - "no" "yes" motion

ABDOMEN

- ☐ Observe (even, flat distended)
- ☐ Auscultate (4 quadrants)
- ☐ Ask about BM & Urinary
- ☐ Complaints, Nausea, Vomiting

VITAL SIGNS

- ☐ Temperature: _____
- ☐ Pulse: _____
- ☐ Respirations: _____
- ☐ Blood Pressure: _____



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Head To Toes Assessment Guide

Springer Publishing Company

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Head To Toes Assessment Guide:

Professional Guide to Assessment, 2006 Provides in depth detailed essential how to information about patient assessment for all health professionals

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Nurses' Handbook of Health Assessment Janet R. Weber, 2009-09-22 Renowned for its holistic perspective and see and do approach this full color pocket sized handbook offers step by step guidance on every phase of the nursing assessment for adults children and special populations The focus is on what nurses need to know to assess clients the health history physical examination normal and abnormal findings nursing interventions and nursing diagnoses This edition presents a complete update of all content and references and contains new chapters on mental status and assessing frail elderly clients

Mosby's Pocket Guide to Pediatric Assessment Joyce K. Engel, 2006-03-09 Extensively revised to reflect trends in

pediatric nursing up to date techniques and current literature A new chapter on assessment of mental health addresses growing areas of concern including school phobia ADHD depression suicide anxiety and schizophrenia New tables provide quick reference to common childhood symptoms i e fever diarrhea vomiting Updated coverage of immunizations U S and Canada includes information regarding relevance and normal timing of immunizations as well as most current published tables Nursing diagnoses have been updated throughout

Study Guide and Laboratory Manual for Physical Examination and Health Assessment, Canadian Edition- E-Book Carolyn Jarvis,Ann L. Eckhardt,2023-02-23 NEW Preface includes an overview of the NCSBN Clinical Judgement Measurement Model PN competencies and the REx PN NEW Clinical judgement exercises equip students for success on the Next Generation NCLEX NGN including questions with an increased focus on clinical judgement Updated content throughout corresponds to the 4th Canadian edition of the textbook and incorporates the latest research and evidence informed practice

Nurse's Handbook of Health Assessment Janet R Weber, RN Edd,2013-11-18 Renowned for its holistic perspective and step by step approach this pocket size text takes you through every stage of the nursing assessment for adults and special populations The book s see and do guidance provides all that you need to perform a range of common assessment procedures with confidence

Visual Guide to Physical Examination Barbara Bates,Lynn S. Bickley,2004-08-01 Bates Visual Guide to Physical Examination has been completely revised with new equipment techniques and modern settings for physical assessment With 6 new videos in addition to the 12 body system videos the Fourth Edition focuses on how to approach and communicate with patients to prepare for clinical practice Available in 4 convenient formats VHS PAL DVD and streaming video files each video provides 25 minutes of step by step examination footage with rationales Patients and examiners represent diverse age groups and cultures to provide students with a well rounded realistic view This revision features new emphasis on health history and documentation and communication and patient practitioner interaction For Institutional Prices please contact your LWW representative

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Black's Medical-Surgical Nursing, First South Asia Edition Malarvizhi S.,Renuka Gagan,2019-04-15 Content revised updated and adapted to suit the South Asian curricula A new chapter added on Geriatric Nursing in line with the curriculum prescribed by the Indian Nursing Council Statistics health programs and nursing practice guidelines updated for regional adaptation Review questions added to all the units within the book Digital

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Foundations and Adult Health Nursing E-Book Kim Cooper,Kelly Gosnell,2018-10-31 Learn the skills essential to clinical practice with Foundations and Adult Health Nursing 8th Edition This all inclusive guide to fundamentals and medical surgical nursing for the LPN LVN covers everything from anatomy and physiology to nursing interventions and maternity neonatal pediatric geriatric mental health and community health care Guidelines for patient care are presented within the framework of the nursing process Nursing Care Plans are described within a case study format to help you develop skills in clinical decision making In addition the accessible friendly overall style and clearly written review questions helps you to prepare for the NCLEX PN examination Clear coverage of skills across the human lifespan includes maternity pediatrics adults and older adults Full color step by step instructions for over 110 skills show nursing techniques and procedures along with rationales for each Tenth grade reading level helps you to understand complex topics Skills are presented in a step by step format with clearly defined nursing actions and rationales Mathematics review in Dosage Calculation and Medication Administration chapter covers basic arithmetic skills prior to the discussion of medication administration Safety Alerts cover issues related to safe patient care in a variety of settings Health Promotion Considerations boxes highlight information on wellness and disease prevention including infection control diet and pregnancy Nursing Care Plans emphasize patient goals and outcomes within a case study format and promotes clinical decision making with critical thinking questions at the end of each care plan Patient Teaching boxes include post hospital discharge guidelines and disease prevention instructions with a strong focus on three way communication among the nurse patient and family members Communication boxes illustrate communication strategies using real life examples of nurse patient dialogue Lifespan Consideration boxes provide you with age specific information for the care of the patient Home Health Considerations boxes discuss issues facing patients and their caregivers in the home setting Get Ready for the NCLEX Examination section at the end of each chapter provides Key Points Review Questions and Critical Thinking Activities to reinforce learning Coordinated Care boxes promote comprehensive patient care with other members of the health care team focusing on prioritization assignment supervision collaboration delegation and leadership topics

Essential Clinical Skills: Enrolled Nurses 5e Joanne Tollefson,Gayle Watson,Eugenie Jelly,Karen Tambree,2021-11-01 Essential Clinical Skills ECS links nursing theory to clinical practice in a practical spiral bound format ECS addresses the practical component of the Diploma of Nursing HLT54121 clearly and succinctly explaining each key clinical skill and provides a structured format for students to undertake many of the skills taught Successful completion of the skills component is mandatory for accreditation The text is used as a handbook a set of checklists and as an assessment portfolio in conjunction with a Foundations of Nursing text ECS is adapted from Clinical Psychomotor Skills by Joanne Tollefson and is mapped directly to the competencies required by HLT54121 Instructor

resources include sample lesson plans sample care plans case studies mapping grid downloadable logbook and videos

Study Guide for Introduction to Medical-Surgical Nursing Adrienne Dill Linton, PhD, RN, FAAN, Nancy K. Maebius, PhD, RN, 2015-02-03 Reader friendly and easy to use the Study Guide for Introduction to Medical Surgical Nursing 6th Edition is designed to help you master content and evaluate your progress through practical useful exercises and activities including a wealth of multiple choice and alternate format questions This edition places an increased emphasis on higher level application questions including exercises to encourage practice in setting priorities to prepare you to transfer your knowledge of medical surgical concepts to patient care in the clinical setting Learning activities include matching key term and vocabulary review completion listing labeling illustrations ranking ordering and application questions for textbook nursing care plans Approximately 2 000 review questions include revised as well as new standard multiple choice and alternate format questions NCLEX review question answer rationales discuss both correct and incorrect responses to help you explore the logic of your choices Prioritization activities provide practice in prioritizing deciding what to do first and assignment giving specific tasks to health care providers who may be supervised by LPNs including nurse aids and nurse assistants NEW Completely revised content matches the most up to date nursing diagnoses *Foundations of Nursing - E-Book* Barbara Lauritsen Christensen, Elaine Oden Kockrow, 2013-12-27 Part of the popular LPN Threads series this comprehensive text prepares you for safe and effective nursing practice in today's fast paced healthcare environment Covering maternal and neonatal pediatric geriatric mental health and community nursing Foundations of Nursing 6th Edition includes all of the essential LPN LVN content you need Companion CD includes animations and audio clips depicting physiologic processes physical assessment video clips an English Spanish glossary with definitions and audio pronunciations an anatomy coloring book and a fluid and electrolytes tutorial The consistent logical framework of the nursing process connects specific disorders to patient care A mathematics review chapter provides a complete review of basic arithmetic skills and practice in drug dosage calculation to ensure safe medication administration Safety Alert boxes help you implement The Joint Commission's safety guidelines in all settings with considerations for special populations Nursing Diagnosis boxes screened and highlighted in the text include nursing diagnoses for specific disorders paired with the appropriate nursing interventions More than 100 skills in a step by step format with full color illustrations present clearly defined nursing actions with rationales for the skills and techniques you'll use in practice Medication tables are meticulously detailed and provide quick access to action dosage precautions and nursing considerations for commonly used drugs Nursing Care Plans presented in a case study format emphasize patient goals and outcomes and end with Critical Thinking Questions to develop your clinical decision making skills Coordinated Care boxes emphasize parameters for prioritizing tasks as well as assigning tasks to and supervising unlicensed assistive personnel Patient Teaching boxes and Family Teaching boxes include post hospital discharge guidelines and disease prevention instructions with a strong focus on three way communication

among the nurse patient and family members Life Span Considerations for Older Adults boxes provide age specific information for the care of the aging population which is often the primary focus of the LPN LVN nurse Home Care Considerations boxes discuss the issues facing patients and caregivers in the home health care setting Health Promotion boxes provide key information on staying healthy and preventing disease with tips on wellness from Healthy People 2010 Cultural Considerations boxes discuss how to address the health needs of a culturally diverse patient population when planning care Enhanced focus on the NCLEX Examination offers end of chapter Get Ready for the NCLEX Examination sections with key points for self guided study and remediation and an extensive set of review questions for thorough self assessment Additional review questions on Evolve provide instant feedback with correct answer and rationale for even more test taking practice Evidence Based Practice boxes summarize the latest research findings and highlight how they apply to LPN LVN practice Updated vibrant full color design highlights key information and enhances your understanding of important concepts

Foundations and Adult Health Nursing - E-Book Barbara Lauritsen Christensen, Elaine Oden Kockrow, 2013-12-27 Part of the popular LPN Threads series this comprehensive text includes in depth discussions of fundamental concepts and skills plus medical surgical content to help you provide safe and effective care in the fast paced healthcare environment Easy to read content an enhanced focus on preparing for the NCLEX Examination and a wealth of tips and study tools make Foundations and Adult Health Nursing 6th Edition your must have text *CEN® Exam Prep Study Guide* Springer Publishing Company, 2023-03-16 CEN Exam Prep Study Guide gets right to the point with a targeted content based on the latest BCEN exam blueprint This easy to follow guide includes all the tools you need to prepare practice and pass the exam and nothing you don't PREPARE Concise coverage of the content you'll be tested on Quick reference features with complications alerts and nursing pearls Need to know information to prepare you for exam day PRACTICE Two full length practice tests one in book and one online to assess your readiness and simulate the test taking experience Detailed rationales for correct and incorrect answers Pop quizzes that highlight key information you don't want to miss PASS The first time with Springer Publishing Exam Prep's 100% Pass Guarantee With confidence knowing you're well prepared with all the skills and knowledge you need on exam day and in practice With pride in your commitment to patient health and safety CEN is a registered trademark of Board of Certification for Emergency Nursing BCEN BCEN does not sponsor or endorse this resource nor does it have a proprietary relationship with Springer Publishing

Study Guide for Introduction to Medical-Surgical Nursing - E-Book Adrienne Dill Linton, Nancy K. Maebius, 2013-10-30 Student friendly and easy to use the Study Guide for Introduction to Medical Surgical Nursing 5th Edition is designed to help you master content and evaluate your progress through practical useful exercises and activities including a wealth of multiple choice and alternate format questions This edition places an increased emphasis on higher level application questions including exercises to encourage practice in setting priorities to prepare you to transfer your knowledge of medical surgical concepts to patient care in the

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Mosby's Guide to Nursing Diagnosis - E-Book Gail B. Ladwig, Betty J. Ackley, Mary Beth Flynn Makic, 2016-03-15 Updated and easy to use Mosby s Guide to Nursing Diagnosis 5th Edition is ideal for use in clinicals in class and at the bedside This pocket sized reference book is a condensed version Ackley s Nursing Diagnosis Handbook 11th Edition that helps you diagnose and formulate care plans with confidence and ease It includes the 2015 17 NANDA I approved nursing diagnoses based on more than 1 300 specific symptoms and a step by step guide to creating care plans featuring desired outcomes interventions and patient teaching Plus alphabetic thumb tabs allow for quick and easy access to specific symptoms and nursing diagnoses UNIQUE 2015 2017 NANDA I approved nursing diagnoses Alphabetical thumb tabs Pediatric geriatric multicultural home care safety and client family teaching and discharge planning interventions Pocketsize portability Nursing Diagnoses Index UNIQUE Includes the 2015 2017 NANDA I approved nursing diagnoses UNIQUE Includes care plans for every NANDA I approved nursing diagnosis with pediatric geriatric multicultural home care safety and client family teaching and discharge planning interventions Alphabetical thumb tabs provide quick access to specific symptoms and nursing diagnoses Pocketsize portability makes this book easy to carry and use in clinicals in class or at the bedside Nursing Diagnoses Index on the inside front and back cover Study Guide for Linton and Matteson's Medical-Surgical Practical

Nursing in Canada - E-Book Katherine Poser, Adrienne Dill Linton, Mary Ann Matteson, 2023-10-20 With chapters corresponding to the chapters in Linton and Matteson's Medical Surgical Practical Nursing in Canada this study guide provides a variety of questions and exercises to help you master the PN's role in Canadian medical surgical care Review exercises include fun activities multiple choice questions alternate format questions and more all divided by level of difficulty In the chapters on medical conditions practical questions help you apply your knowledge directly to real world patient care This study guide provides the review and practice you need to prepare for the REx PN or CPNRE licensure exams Comprehensive review reflects the latest Canadian Council for Practical Nurse Regulators CCPNR national PN competencies including Ontario and British Columbia Variety of exercises reinforces learning with matching multiple choice multiple response labelling diagram reading fill in the blank questions case studies and more Consistent format in each chapter Part I Mastering the Basics focuses on basic knowledge and comprehension of medical surgical nursing Part II Putting it All Together integrates chapter content related to basic pathophysiology and basic nursing content and focuses on comprehension and application levels Part III Challenge Yourself Getting Ready for PN Examinations focuses on the application or analysis levels of cognitive ability and can include case studies nursing care plans and nursing assessment Questions arranged by level of difficulty move from simple recall to more difficult exercises designed to help you apply analyze and synthesize basic concepts Alternate format questions include multiple response labelling prioritizing ordering and calculation questions to help you practice for the REx PN and CPNRE licensure examinations Review questions on care for older adults focus on long term care and community based settings asking you to apply content to real world practice Additional review questions are provided on the Evolve website for the textbook **Mosby's Guide to Nursing Diagnosis, 6th Edition Revised Reprint with 2021-2023 NANDA-I® Updates - E-Book** Gail B. Ladwig, Betty J. Ackley, Mary Beth Flynn Makic, 2021-11-10 Mosby's Guide to Nursing Diagnosis 6th Edition Revised Reprint with 2021 2023 NANDA I Updates E Book

Whispering the Techniques of Language: An Mental Journey through **Head To Toes Assessment Guide**

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