

[দ্রষ্টব্য : ডান পাশের সংখ্যা প্রশ্নের পূর্ণমান জ্ঞাপক। ক বিভাগ থেকে তিনটি এবং খ বিভাগ তিনটি প্রশ্নের উত্তর দিতে হবে।]

ক বিভাগ

যে কোনো ৩টি প্রশ্নের উত্তর দাও।

৫×৩=১৫

১. বিশ্রাম ও ঘুমের প্রয়োজনীয়তা বর্ণনা করো।
২. ড্রেসিং করার পদ্ধতিসমূহ আলোচনা করো।
৩. প্রজাপতি সীতারের কৌশল বর্ণনা করো।
৪. কী কী কারণে ব্যাডমিন্টনের খেলায় সার্ভিস ফল্ট হয়?
৫. হাইকিং সম্বন্ধে সংক্ষেপে লেখ।

খ বিভাগ

যে কোনো ৩টি প্রশ্নের উত্তর দাও।

৫×৩=১৫

৬. 'AIDS' এর প্রভাব বর্ণনা করো।
৭. এইচআইভি এইডস রোগ কীভাবে মানবদেহে সংক্রমিত হয়? উল্লেখ করো।
৮. এইডস-এর উল্লেখযোগ্য লক্ষণসমূহ লেখো।
৯. প্রজনন স্বাস্থ্য রক্ষার প্রয়োজনীয়তা বর্ণনা করো।
১০. অপরিণত বয়সে গর্ভধারণের সমস্যাসমূহ আলোচনা করো।

শারীরিক শিক্ষা ও স্বাস্থ্য

বহুনির্বাচনি অভীক্ষা

পূর্ণমান — ২০

বিষয় কোড:

১ ৪ ৭

[বিঃ দ্রঃ সরবরাহকৃত উত্তরপত্রে বহুনির্বাচনি প্রশ্নের ত্রুটিক নথির বিপরীতে প্রদত্ত বর্ণনায় হাতে সঠিক উত্তরের বর্ণটিতে টিক (✓) চিহ্ন দাও। প্রতিটি প্রশ্নের মান-১।]

১. শরীরের জীবকোষগুলো কয় হতে থাকে কেন?
 (ক) বেশি ঘুমানোর ফলে
 (খ) অতিরিক্ত খাওয়ার জন্য
 (গ) নিয়মিত ব্যায়াম না করলে
 (ঘ) কাজকর্ম ও ব্যায়ামের ফলে
২. দেহের অঙ্গ-প্রত্যঙ্গের কাজের প্রক্রিয়াকে কী বলে?
 (ক) ফিজিওলজি
 (খ) সিট আপ
 (গ) এনাটমি
 (ঘ) নিউরোলজি
৩. শিক্ষার্থীদের শিক্ষামূলক গ্রন্থাবলি নির্বাচন করা কাদের উপর নির্ভর করে?
 (ক) ব্যক্তিগত আগ্রহের উপর
 (খ) শিক্ষকের পরামর্শের উপর
 (গ) পিতা-মাতার পরামর্শের উপর
৭. নেক পিঞ্জ দেয়ার সময় কী সাগাতে হয়?
 (ক) মাথা
 (খ) পা
 (গ) কপাল
 (ঘ) হাড়
৮. বাংলাদেশ "রেডক্রস" সোসাইটির নাম পরিবর্তন করে "রেড ক্রিসেন্ট" রাখা হয় কত সালে?
 (ক) ১৯৭১ সালের ১৬ ডিসেম্বরে
 (খ) ১৯৭৩ সালের ৩১ মার্চে
 (গ) ১৯৭৩ সালের ২০ সেপ্টেম্বরে
 (ঘ) ১৯৮৮ সালের ৪ এপ্রিলে
৯. গ্যাজেট বলতে কী বুঝায়?
 (ক) নীতিমালার বই
 (খ) মালপত্র রাখার বস্তু
 (গ) সরকারি হিসাবপত্রের খাতা
 (ঘ) হাইকিয়ারের হিসাবপত্রের খাতা
১০. প্রাথমিক চিকিৎসা কোন ধরনের শিক্ষা?
 (ক) ভেষজ শিক্ষা
 (খ) ভাষিক শিক্ষা
 (গ) হা-বীল শিক্ষা
 (ঘ) বিজ্ঞানসম্মত শিক্ষা
১১. সম্পূর্ণ বায়ু বেঁধে কুপিয়ে রাখাকে কী বলে?
 (ক) ফ্রি
 (খ) ফ্রি
 (গ) ফ্রি
 (ঘ) ফ্রি
১২. এইচআইভি ভাইরাস মানবদেহের কোথায় থাকতে পারে?
 (ক) শিরায়
 (খ) মস্তিষ্কে
 (গ) মুখের লালায়
 (ঘ) রক্তে
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 (ক) ১৯৬০ সালে
 (খ) ১৯৬৫ সালে
 (গ) ১৯৭১ সালে
 (ঘ) ১৯৮১ সালে
১৪. কীভাবে চললে এইডসে আক্রান্ত হওয়ার আপত্তা অনেকাংশে কমবে?
 (ক) নিয়ম করে চললে
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 (ক) এবভোমিন্যাল এক্সারসাইজ
 (খ) স্পিন্ড এক্সারসাইজ
 (গ) রোমান রিং এক্সারসাইজ
 (ঘ) ফ্রিজবি এক্সারসাইজ
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 (ক) ১৫-১৬
 (খ) ১৬-১৮
 (গ) ১৭-১৮
 (ঘ) ১৮-১৯
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 (খ) চোল
 (গ) একটি সুসজ্জিত মঞ্চ
 (ঘ) দুটি কাঠের দণ্ড
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 (খ) পরিষ্কার-পরিচ্ছন্ন থাকলে
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 (খ) ৬ ফুট
 (গ) ৫ ফুট
 (ঘ) ৭ ফুট
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 (খ) শর্ট সার্ভিস কোর্ট
 (গ) ডান কোর্ট
 (ঘ) লং সার্ভিস কোর্ট
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 (খ) আঙ্গুলের
 (গ) হাতের
 (ঘ) পায়ের
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 (খ) ৭টি
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 (খ) প্রজাপতি সীতারে
 (গ) ডিৎ সীতারে
 (ঘ) বুক সীতারে

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Robert R. Redfield



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x2. [Chorus:] Give Him glory for He's the King. He Reigns Forever (Brooklyn Tabernacle Choir) Midi Instrumental Gospel Performance Tracks, Midi Files, Click Tracks and Play-Along Tracks and more!! He Reigns Forever Buy He Reigns Forever Sheet Music. Composed by Marshal Carpenter. Arranged by Carol Cymbala. For SATB Sheet Music. Published by Brooklyn Tabernacle. He Reigns Forever (We Sing Praises) Verse We sing praises to the King for He is the King of Kings. Sop / ALTO AND TENOR. We sing praises to the King (Hallelujah) for He is the King of Kings. (All ... He Reigns Forever. Good Choir Song. Sheet Music ... - YouTube He Reigns Forever (SATB) by CARPENTER, M Buy He Reigns Forever (SATB) by CARPENTER, M / at jwpepper.com. Choral Sheet Music. He Reigns Forever Brooklyn Tabernacle Choir Need a last-minute song? Get music in 3-4 business days. Praise & worship; Vocal solo arrangements; Choir sing-along tracks. Get Details. Join Our Music ... The Woman Who Stole My Life: A Novel: Keyes, Marian The Woman Who Stole My Life: A Novel [Keyes, Marian] on Amazon.com. *FREE ... The Woman Who Stole My Life: A Novel · Marian Keyes · 3.8 out of 5 stars 20,633. The Woman Who Stole My Life by Marian Keyes Nov 6, 2014 — The Woman Who Stole My Life just made me realize how much I missed chick lits. This book is a whooping 550 pages but I breezed through them all. The Woman Who Stole My Life The Woman Who Stole My Life. The Woman Who Stolen My Life by Marian Keyes. Buy from... Waterstones · Amazon · Audible. Read extract. 'Name: Stella Sweeney. The Woman Who Stole My Life by Keyes, Marian The Woman Who Stole My Life · Marian Keyes · 3.8 out of 5 stars 20,634. Paperback. \$16.11\$16.11 · The Break · Marian Keyes · 4.1 ... Book Review 07 - The Woman Who Stole My Life by ... Feb 13, 2019 — The Woman Who Stole My Life is a novel written by the famous Irish author Marian Keyes. The title of the book is very engaging, ... The Woman Who Stole My Life by Marian Keyes Jul 7, 2015 — About The Woman Who Stole My Life ... A funny new novel from international bestselling author Marian Keyes about Irish beautician Stella Sweeney ... THE WOMAN WHO STOLE MY LIFE THE WOMAN WHO STOLE MY LIFE. by Marian Keyes □ RELEASE DATE: July 7, 2015. A salon owner-turned-invalid-turned author struggles to ... The Woman Who Stole My Life The Woman Who Stole My Life · Marian Keyes. Viking, \$27.95 (464p) ISBN 978-0-525-42925-8 · More By and About this Authorchevron_right · Featured Fiction Reviews. Review: The Woman Who Stole My Life Jul 28, 2015 — Review: The Woman Who Stole My Life ... Summary: In her own words, Stella Sweeney is just “an ordinary woman living an ordinary life with her ... 'The Woman Who Stole My Life' by Marian Keyes Feb 27, 2016 — 'The Woman Who Stole My Life' was the 2014 contemporary novel from bestselling Irish author, Marian Keyes. Keyes has been a prolific, ... Managing Risk In Information Systems Lab Manual Answers Managing Risk In Information Systems Lab Manual Answers. 1. Managing Risk In Information ... Managing Risk In Information Systems Lab Manual Answers. 5. 5 some ... Student Lab Manual Student Lab Manual Managing Risk in ... Student Lab Manual Student Lab Manual Managing Risk in Information Systems. ... management along with answering and submitting the Lab #7 - Assessment Worksheet ... Lab IAA202 - LAB - Student Lab Manual Managing Risk in ... Managing Risk in Information Systems. Copyright © 2013 Jones & Bartlett ... answer the following Lab #1

assessment questions from a risk management perspective:. MANAGING RISK IN INFORMATION SYSTEMS Lab 4 Lab 2 View Lab - MANAGING RISK IN INFORMATION SYSTEMS Lab 4, Lab 2 from IS 305 at ITT Tech. Lab #4: Assessment Worksheet Perform a Qualitative Risk Assessment for ... Managing Risk in Information Systems: Student Lab Manual Lab Assessment Questions & Answers Given the scenario of a healthcare organization, answer the following Lab #1 assessment questions from a risk management ... IAA202 Nguyen Hoang Minh HE150061 Lab 1 It's so hard for me! student lab manual lab assessment worksheet part list of risks, threats, and vulnerabilities commonly found in an it infrastructure ... Jones & Bartlett Learning Navigate 2.pdf - 3/11/2019... /2019 Laboratory Manual to accompany Managing Risk in Information Systems, Version 2.0 Lab Access for. ... You will find answers to these questions as you proceed ... Solved In this lab, you identified known risks, threats Jul 12, 2018 — In this lab, you identified known risks, threats, and vulnerabilities, and you organized them. Finally, you mapped these risks to the domain ... Risk Management Guide for Information Technology Systems by G Stoneburner · 2002 · Cited by 1862 — This guide provides a foundation for the development of an effective risk management program, containing both the definitions and the practical guidance ... Managing Risk in Information Systems by D Gibson · 2022 · Cited by 112 — It covers details of risks, threats, and vulnerabilities. Topics help students understand the importance of risk management in the organization, including many ...