# Personal Hygiene WORKSHEETS

PERFECT FOR LEARNING ABOUT HEALTH

# Personal Hygiene

Color in the things that help you stay clea help you sto













# Personal Hygiene Facts



Taking a bath washes your whole body and keeps everything clean



Washing your hands is the easiest way to keep you from getting sick and spreading germs.



Clean in between your teeth by flossing.



Use soap to make sure you get rid of dirt and



ALWAYS wash your hands after you use the toler.



Trim your nails so that they stay clean.



When you you need to sneeze or blow your need use a fisue to prevent spreading germs.



Keep your mouth clean by brushing your teeth.



Use shampoo to keep your hair dean

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# **Hygiene Lessons For 4th Graders**

**Thomas Griffiths** 

**Hygiene Lessons For 4th Graders:** 

Discover tales of courage and bravery in Crafted by is empowering ebook, **Hygiene Lessons For 4th Graders**. In a downloadable PDF format ( Download in PDF: \*), this collection inspires and motivates. Download now to witness the indomitable spirit of those who dared to be brave.

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