

DIY MEN'S HEALTH MANUAL

THE DIY MEN'S HEALTH MANUAL - A GUIDE TO EMBARRASSING PROBLEMS

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Piles affect one in three people in the UK at some point in their lives. Despite the prevalence many people feel embarrassed to seek advice on symptoms and treatment. Anusol sponsors the Piles Advisory Bureau (PAB) - a confidential advice service for people concerned about piles. People can log onto www.pilesadvice.co.uk, write to the PAB at PO Box 1699, London, W1A 9YH or call the help line for information and advice on any 'pity' ailment. A free booklet is also available via the PAB, *The Bottom Line - a Guide to Piles*.

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A GUIDE TO EMBARRASSING PROBLEMS

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