

HYBRID BIKE SIZE CHART



INSEAM
LENGTH

SEAT TUBE
LENGTH

STANDOVER
HEIGHT



**YOUR
HEIGHT**

**YOUR
INSEAM**

**BIKE
SIZE**

4'10"–5'1"
147–155 cm

27"–29"
69–73 cm

XS

5'1"–5'5"
155–165 cm

28"–31"
72–78 cm

S

5'5"–5'9"
165–175 cm

30"–33"
77–83 cm

M

5'9"–6'1"
175–186 cm

32"–35"
82–88 cm

L

6'1"–6'6"
186–197 cm

34"–37"
87–93 cm

XL



**CYCLISTS
HUB.COM**

Hybrid Bike Size Guide

Liyong Dong



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London Cycling Guide, Updated Edition Tom Bogdanowicz,2016-12-01 The London Cycling Guide Updated Edition is your complete guide to life in the cycle lane Written by the author of London s most popular cycling blog and using years of experience and contributions from readers it offers more than 30 leisurely routes covering both inner and outer London Each itinerary is described in detail with a series of points of interest also pinpointed on an accompanying route map Boxed information with each route shows at a glance the start point likely duration and some suggestions for where to eat and drink along the way The book also covers important practical information on cycling such as choosing the right bike for your style of cycling tips on urban cycling social cycling and cycling with children and guidance on security and insurance as well as information on accessories and clothing This best selling guide to cycling in London is completely updated with new routes maps and color photographs It also includes full details of Santander Cycles London s new self service public bike sharing scheme

The Complete Idiot's Guide to Bike Maintenance and Repair Terry Meany,Terence Meany,2001 Describes the parts of a bicycle and how they work basic maintenance procedures the proper tools to use and how to handle roadside emergencies and repairs

Two Wheels, Endless Roads: A Comprehensive Guide to Discovering the World on a Bicycle Pasquale De Marco,2025-07-12 Two Wheels Endless Roads is the ultimate guide to discovering the world on a bicycle Whether you re a seasoned cyclist or just starting out this comprehensive manual covers everything you need to know to get started with cycling from choosing the right bike and gear to planning and executing your first cycling trip With Two Wheels Endless Roads you ll learn How to choose the right bike for your needs The basics of bicycle maintenance and repair How to plan and pack for a cycling trip Tips for staying safe and comfortable on the road The best cycling destinations around the world But Two Wheels Endless Roads is more than just a technical manual It s also a celebration of the cycling lifestyle We ll explore the physical and mental benefits of cycling as well as the unique cultural experiences that can be had while traveling on two wheels We ll also provide tips for getting involved in the cycling community from joining a cycling club to volunteering for cycling organizations Whether you re looking to improve your fitness explore new places or simply enjoy the simple pleasure of riding a bike Two Wheels Endless Roads has something for everyone So hop on your bike and let s hit the open road In Two Wheels Endless Roads you ll find In depth information on

choosing the right bike gear and accessories Detailed instructions on how to maintain and repair your bike Comprehensive advice on planning and executing cycling trips of all lengths Inspiring stories from cyclists around the world Practical tips for getting involved in the cycling community Two Wheels Endless Roads is the essential guide for anyone who wants to get the most out of cycling Whether you re a seasoned cyclist or just starting out this book will help you take your cycling journey to the next level If you like this book write a review

The Essential Touring Cyclist: A Complete Guide for the Bicycle Traveler, Second Edition Richard A. Lovett, 2001-01-08 The classic guide for beginning and intermediate cyclists is back and it s better than ever With the latest on bikes gear and training techniques and new sections on short tours and touring abroad this new edition of The Essential Touring Cyclist promises to appeal to a whole new population of aspiring cyclists Whether you re heading out for five hours or five months this vividly designed heavily illustrated and resource rich guide delivers everything you need

The Complete Idiot's Guide to Cycling Vic Armijo, 1999-07-01 Learn how to make the wheels turn in this informative guide that provides solid instruction on choosing the best bicycle and the differences between road touring racing and cross bikes

Bicycling New England: A Guide to the Best Bike Trails and Routes Pasquale De Marco, Embark on an extraordinary cycling adventure through the captivating landscapes of New England with Bicycling New England A Guide to the Best Bike Trails and Routes your ultimate guide to exploring this region s hidden gems on two wheels Discover the breathtaking beauty of Acadia National Park where you ll pedal alongside crashing waves and towering granite cliffs Conquer the legendary climbs of Mount Washington the highest peak in the Northeast and revel in the sense of accomplishment as you reach the summit Explore the picturesque villages of Vermont where covered bridges and rolling hills create a timeless ambiance Meticulously crafted for cyclists of all levels this comprehensive guidebook features 10 chapters covering the best cycling routes in New England from challenging mountain climbs to scenic coastal rides Detailed maps elevation profiles and insider tips to help you plan and execute your perfect cycling adventure Practical advice on choosing the right bike packing for your trip and staying safe on the road In depth exploration of New England s rich cycling history and vibrant cycling community Whether you re a seasoned cyclist looking for your next challenge or a novice just starting your cycling journey Bicycling New England A Guide to the Best Bike Trails and Routes is your essential companion Let us guide you through New England s most enchanting landscapes creating memories that will last a lifetime With Pasquale De Marco s expert guidance you ll discover The allure of New England s diverse landscapes from towering mountains to charming coastal towns The history and heritage of bicycling in New England from early pioneers to today s thriving cycling community Tips for choosing the right bike for your New England adventure How to plan your itinerary including must see destinations and hidden gems Essential safety tips and gear recommendations for a smooth and enjoyable ride Bicycling New England A Guide to the Best Bike Trails and Routes is more than just a guidebook it s an invitation to experience the magic of New England by bike Let us be your guide as you uncover the region s most captivating cycling routes and create memories

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