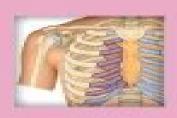
FIFTH EDITION









JOSEPH E. MUSCOLINO

THE MUSCULAR SYSTEM MANUAL

The Skeletal Muscles of the Human Body





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Muscolino Muscular System Manual

Richard Gold

Muscolino Muscular System Manual:

The Muscular System Manual Joseph E. Muscolino, 2008-06-01 The Muscular System Manual Joseph E. Muscolino, 2005 A full color atlas of the muscles of the human body this text provides in depth coverage of skeletal muscles An easy to understand format organizes the material by body region moving from head to extremities For each region there is an overview of the muscles of the region as a whole with information on how muscles in that region function together and large drawings of the muscles of that entire region Then each particular muscle in that region is described with name the origin of that name Greek and Latin derivations pronunciation attachments actions a drawing with an arrow showing the muscle's line of pull innervation to two levels of detail and arterial supply to two levels of detail That overview is followed by a practical step by step guide to palpating that muscle a group muscle illustration to show the muscle's anatomical relationship to nearby muscles the methodology for learning muscle actions and clinically useful information for that muscle Instructor s resources available The Muscular System Manual Joseph E. Muscolino, 2003 With more than 700 original medical illustrations of muscles and bones this valuable atlas is organized by body region moving from the head to the extremities For each region there is an overview of the muscles of the region as a whole detail of each particular muscle in the region information on palpation of that muscle bulleted information on the anatomical relationship of the muscle to other muscles in that region methodology for learning muscle actions to explain the reasoning behind each action a section of miscellaneous information about the muscle and much more Additional resources are included in ten helpful appendices covering topics like anatomical position and planes of the body joint actions reverse actions by groups of movers kinesiology basics palpation guidelines and mnemonics Content is organized by body region moving from head to extremities Numerous two color illustrations examine each muscle For each region covered there is an overview of the muscles of the region as a whole with large drawings of the muscles of that entire region and information on how muscles in that region function together The layout is compartmentalized for easy understanding and retention for both beginning and advanced students More than 100 pages of appendices provide readers with extensive information on Anatomical Position and Planes of the Body Joint Actions Reverse Actions Muscle Actions by Groups of Movers Soft Tissue Attachments Other Skeletal Muscles of the Body Palpation Guidelines Kinesiology Overview of Innervation Overview of Arterial Supply Mnemonics and Terminology A Methodology section for each muscle helps explain content so readers don't have to memorize Pedagogy and levels of depth for each muscle enable instructors to take this book straight into the classroom The Muscular System Manual 3e - Text and Flashcards 2e Package Joseph E. Muscolino, 2009-12 This money saving package includes The Muscular System Manual and The Musculoskeletal Anatomy Flshcards The Muscular System Manual - E-Book Joseph E. Muscolino, 2023-04-21 An approachable yet detailed atlas of the muscles of the human body The Muscular System Manual The Skeletal Muscles of the Human Body 5th Edition provides you with a thorough understanding of skeletal muscles in a

compartmentalized customizable layout The most comprehensive atlas of muscle actions available this is the only text that lists and describes all open chain standard mover actions and all closed chain reverse mover actions as well as eccentric contraction and isometric stabilization functions All actions are fully referenced in one convenient table Complex muscle anatomy relationships are easy to understand with robust resources on the Evolve companion website including a unique Electronic Muscle and Bone Review Program to help you prepare for practice UNIQUE Electronic muscle and bone review program features a base photograph with a skeleton drawn in and a list of every muscle for each major region of the body so that you can choose any combination of muscles and place them onto the illustration allowing you to see not only the muscle attachments but also the relationship among the muscles of the region Overlay art consisting of more than 380 full color anatomical illustrations of muscles bones and ligaments drawn over photographs helps identify the positions of muscles and bones in the human body Content is organized by body region and includes information on how muscles in that region function together with large drawings of the muscles of that region so that you can go directly to the topic you are studying Complete muscle coverage in an easy to understand layout makes this text appropriate for novices to anatomy as well as intermediate and advanced users Coverage of the methodology for each muscle provides information for learning muscle actions to explain the reasoning behind each action and encourage you to learn and not just memorize Robust online resources on the companion Evolve website feature more than 100 video clips and an interactive muscle program among other resources NEW Instructional videos on Evolve simulate the classroom experience and reinforce book content The Muscular System Manual Joseph E. Muscolino, 2016-04-22 Joe Muscolino s The Muscular System Manual The Skeletal Muscles of the Human Body 4th Edition is an atlas of the muscles of the human body This approachable yet detailed musculoskeletal anatomy manual provides both beginner and advanced students with a thorough understanding of skeletal muscles in a compartmentalized customizable layout Each muscle spread shows the individual muscle drawn over a photo of the human body with an arrow to indicate the line of pull of the muscle and explains the muscle name the origin of that name Greek and Latin derivations pronunciation attachments actions eccentric contraction function isometric contraction function innervation to two levels of detail with predominant levels in bold and arterial supply to two levels of detail This new edition also features robust Evolve resources an updated art program and new chapter review and critical thinking questions that encourage you to apply what you have learned to prepare for practice UNIQUE Overlay art consisting of over 380 full color anatomical illustrations of muscles bones and ligaments drawn over photographs helps identify the positions of muscles and bones in the human body UNIQUE Electronic Muscle and Bone Review Program features a base photograph with a skeleton drawn in and a list of every muscle for each major region of the body so students can choose any combination of muscles and place them onto the illustration allowing them to see not only the muscle attachments but also the relationship among the muscles of the region Complete muscle coverage in an easy to understand layout makes this text appropriate for novices to

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follow descriptions for each technique Techniques can be used alone in conjunction with other forms of massage or to facilitate Yoga and other meditation practices Clinically valuable and practical explanations of how to use elements of the procedures make it easy for therapists to enrich their practice with these techniques whether applying all of the methods or starting with stretches alone Features an icon throughout the text that calls attention to precautions therapists must be aware of for safe and effective sessions Includes a 45 minute DVD presenting video of techniques and routines in real time to demonstrate proper pacing Photographs drawings and illustrations of techniques are now in full color for greater clarity of concepts More historical background provides a deeper understanding of this ancient medical art An accompanying DVD offers a 45 minute video of a Thai massage session in real time demonstrating procedures with proper pacing The visual approach along with its step by step narration helps viewers understand how the concepts discussed in the book translate to actual practice The book also includes DVD icons that indicate which techniques are demonstrated on the DVD Increased coverage of body mechanics helps readers understand the difference between correct and incorrect technique Legends below the photographs provide specific information on the muscles being pressed or stretched with each technique to help therapists understand how this art of Asian healing corresponds to Western anatomy A new Muscle Atlas appendix helps to further identify muscles mentioned in these legends A new chapter Correlations to Yoga outlines the correlations between specific Thai massage procedures and yoga postures to help therapists incorporate Yoga into their practices A new chapter Suggested Sequences provides guidelines for 60 90 and 120 minute sessions taking the guesswork out of planning Thai massage sessions

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