

Study Guide Answer Key

chapter

6

Learning Activities

1.
 - a. Powers
 - b. Passage
 - c. Passenger
 - d. Psyche
2. Uterine contractions, maternal pushing
3.
 - a. Percentage of its original length
 - b. Centimeters
4.
 - a. 90 seconds, 60 seconds, 2 minutes
 - b. The placenta does not receive oxygen-carrying maternal blood when the uterus is tightly contracted. Excessive duration of contractions or inadequate uterine relaxation could reduce fetal oxygen supply.
5.
 - a. Allow fetal head to change shape and accommodate to the size and shape of the maternal pelvis.
 - b. Provide landmarks to determine how the fetus is oriented within the mother's pelvis.
6.
 - a. Right sacrum anterior (breech)
 - b. Left mentum transverse (face presentation)
 - c. Right occiput anterior (most common)
 - d. Left occiput posterior ("back labor")
7. Change in cervical effacement and/or dilation
8.
 - a. Latent (1–4 cm dilation; 4–6 hours)
 - b. Active (4–7 cm dilation and effacement; 2–6 hours)
 - c. Transition (7–10 cm and complete effacement; ½–2 hours)
9.
 - a. First stage
 - i. Latent phase: cooperative, alert, talkative, welcomes diversions, frequent urination, thirsty
 - ii. Active phase: apprehensive, anxious, introverted, less social, focused on breathing, perspires, facial flushing, requests pain relief, fears losing control; may need pain relief
 - iii. Transition phase: irritable, rejects support persons, introverted, wants to give up, restless, leg tremors, fears losing control, requests pain relief
 - b. Second stage: bulging perineum, passage of stool, spontaneous pushing or urge to push, states that baby is coming, exhaustion after each contraction, unable to follow directions easily, excitement about imminent birth
 - c. Third stage: clation, relief, tremors, increased energy, curious about baby, desires to nurse baby, minimal pain with placental expulsion
 - d. Fourth stage: time for parents and new baby to get acquainted, mother nurses baby
10.
 - a. 110–120 BPM, 150–160 BPM
 - b. Presence of variability and accelerations are expected in a term labor, but may be depressed by maternal narcotic administration or preterm gestation.
11. Cloudy yellow fluid (suggests infection); fluid with a strong odor (infection); fluid containing meconium
12.
 - a. 100.4° F (38° C) or higher
 - b. 140/90 mm Hg or higher, systolic below 90 mm Hg
 - c. Outside normal limits of 110–120 BPM (lower limit) or 150–160 BPM (upper limit) at term

Matching

c, n, p, d, h, q, m, a, j, l, k, g, o, b, f, i, e

Review Questions

1. Answer: 1
Rationale: The normal range (1) for the FHR at term is 110–160 BPM, so 125 BPM is normal regardless of whether the fetus is preterm (2); it is not high normal (3), which would be more in the range of 150–160 BPM, nor is in a slow baseline (4), which would be more in the range of 110–120 BPM.
2. Answer: 1
Rationale: The duration is the average length of contractions, timed from the beginning to the

Guided Reading And Study Workbook Chapter 6 Answer Key

H Kauffman



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Table of Contents Guided Reading And Study Workbook Chapter 6 Answer Key

1. Understanding the eBook Guided Reading And Study Workbook Chapter 6 Answer Key
 - The Rise of Digital Reading Guided Reading And Study Workbook Chapter 6 Answer Key
 - Advantages of eBooks Over Traditional Books
2. Identifying Guided Reading And Study Workbook Chapter 6 Answer Key
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an eBook Platform
 - User-Friendly Interface
4. Exploring eBook Recommendations from Guided Reading And Study Workbook Chapter 6 Answer Key
 - Personalized Recommendations
 - Guided Reading And Study Workbook Chapter 6 Answer Key User Reviews and Ratings
 - Guided Reading And Study Workbook Chapter 6 Answer Key and Bestseller Lists

5. Accessing Guided Reading And Study Workbook Chapter 6 Answer Key Free and Paid eBooks
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 - Adjustable Fonts and Text Sizes of Guided Reading And Study Workbook Chapter 6 Answer Key
 - Highlighting and Note-Taking Guided Reading And Study Workbook Chapter 6 Answer Key
 - Interactive Elements Guided Reading And Study Workbook Chapter 6 Answer Key
8. Staying Engaged with Guided Reading And Study Workbook Chapter 6 Answer Key
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Guided Reading And Study Workbook Chapter 6 Answer Key
9. Balancing eBooks and Physical Books Guided Reading And Study Workbook Chapter 6 Answer Key
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Guided Reading And Study Workbook Chapter 6 Answer Key
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Guided Reading And Study Workbook Chapter 6 Answer Key
 - Setting Reading Goals Guided Reading And Study Workbook Chapter 6 Answer Key
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Guided Reading And Study Workbook Chapter 6 Answer Key
 - Fact-Checking eBook Content of Guided Reading And Study Workbook Chapter 6 Answer Key
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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