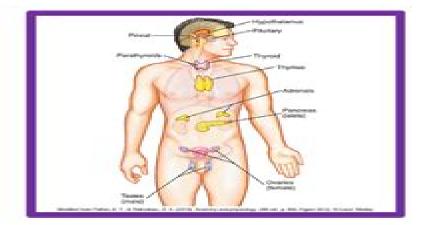
Review of the Endocrine system

- Hypothalamus
- · Pituitary gland
 - Anterior lobe
 - Posterior lobe
- Thyroid gland
- Parathyroid gland
- Adrenal glands
- Pancreas
- Gonads
- Pineal gland

Assessment of the endocrine system Subjective data



- Disorders can result from too much or too little of a hormone being secreted
- Problems may occur from faulty transport of hormone or inability of the target tissue to respond
- Signs and symptoms often very vague or non-specific
- When conducting an assessment, the overall goal is to try to elict as much information as possible about any signs and symptoms of endocrine diseases

Objective data

Inspection

- General appearance
- Skin colour/pigmentationg
- Bronzing of the skin
- Condition of nails (dull,brittle)
- Hair distruption (loss or growth)
- Location of lesions
- Bruises or rashes
- Symmetry
- Visual acuity
- Size of body parts (acromegaly) (general proportion of hands and feet)
- Abnormal sounds or odors
- Involuntary twitching
- Gynecomastia in men
- Clitoral enlargement in women

Auscultation

- Used before percussion and palpation in a focused endocrine assessment
- Extra heart sounds; murmurs

Endocrine System Review Packet Key

Sandy Fritz, Luke Allen Fritz

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