

Lab Values Cheat Sheet

Vital Signs

Blood Pressure

→ Systolic: 120 mmHg

→ Diastolic: 80 mmHg

Heart rate: 60-100 BPM

Respirations: 12-20 breaths

Oxygen: 95%-100%

Temperature: 96.4% - 99.5%

COAGs

PT: 11-13 seconds

- 22-32.5 on Warfarin

INR: 0.8-1.1 Seconds

- 1.6-3.3 on Warfarin

PTT: 21-35 Seconds

- 31.5-87.5 on Heparin

The ↑ these numbers the ↑ chance of bleeding!!!

Glucose

Fasting: 70-110 mg/dL

Casual: <200 mg/dL

HbA1C

Non-diabetic: 4-6%

Pre-Diabetic: 5.7-6.4%

Diabetic: > 6.5%

Other

MAP: 70-100 mmHg

ICP (Intracranial Pressure): 5-15 mmHg

BMI: 18.5-24.9

Glasgow Coma Scale: Best = 15

Mild: 13-15 Moderate: 9-12 Severe: 3-8

Complete Blood Count [CBC]

WBC: 5000-10,000

RBCs:

→ Male: 4.2-5.4

→ Female: 3.6-5

PLT: 140,000-400,000

- Critical <50,000 or >1,000,000

Hemoglobin [Hgb]:

→ Male: 13-18

→ Female: 12-16

Hematocrit [HCT]:

→ Male: 42%-52%

→ Female: 36%-48%

ABGs

pH: 7.35-7.45

PaCO₂: 35-45 mmHg

PaO₂: 80-100 mmHg

HCO₃: 22-26 mEq/L

Renal

Calcium: 8.6-10.2 mg/dL

Magnesium: 1.3-2.3 mg/dL

Phosphorus: 2.5-4.5 mg/dL

Specific gravity: 1.005-1.03

GFR: 125 - 200 mL/min

BUN: 10-20 mg/dL

Creatinine:

→ Male 0.6-1.2mg/dL

→ Female: 0.4-1 mg/dL

Serum Osmolality

280-300 mOsm/L Water

Basic Metabolic Panel [BMP]

Sodium: 135-145 mEq/L

Potassium: 3.5-5 mEq/L

Chloride: 97-107 mEq/L

Calcium: 8.5-10.5 mg/dL

BUN: 10-20 mg/dL

Creatinine:

→ Male: 0.6-1.2 mg/dL

→ Female: 0.4-1 mg/dL

Albumin: 3.5-5.5 g/dL

Total protein: 6-8 g/dL

Lipid Panel

Total cholesterol:

→ Male: <205 mg/dL

→ Female: <190 mg/dL

Triglyceride:

→ Male: 44-180

→ Female: 10-190

LDL: <100 mg/dL → bad cholesterol

HDL: >60/dL → Happy Cholesterol

Pancreas

Amylase: 25-125 U/L

→ Older adults: 24-151 U/L

Lipase: <140 U/L

Liver [LFT]

ALT: 10-40M, 8-35 F

AST: 5-40 U/L

ALP: 40-120 U/L

Bilirubin: total 0.3-1.0 mg/dL

Lab Cheat Sheet For Nursing

Lei Huang

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the name bar.

Lab Cheat Sheet For Nursing:

The book delves into Lab Cheat Sheet For Nursing. Lab Cheat Sheet For Nursing is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Lab Cheat Sheet For Nursing, encompassing both the fundamentals and more intricate discussions.

1. This book is structured into several chapters, namely:
 - Chapter 1: Introduction to Lab Cheat Sheet For Nursing
 - Chapter 2: Essential Elements of Lab Cheat Sheet For Nursing
 - Chapter 3: Lab Cheat Sheet For Nursing in Everyday Life
 - Chapter 4: Lab Cheat Sheet For Nursing in Specific Contexts
 - Chapter 5: Conclusion
2. In chapter 1, this book will provide an overview of Lab Cheat Sheet For Nursing. This chapter will explore what Lab Cheat Sheet For Nursing is, why Lab Cheat Sheet For Nursing is vital, and how to effectively learn about Lab Cheat Sheet For Nursing.
3. In chapter 2, the author will delve into the foundational concepts of Lab Cheat Sheet For Nursing. The second chapter will elucidate the essential principles that must be understood to grasp Lab Cheat Sheet For Nursing in its entirety.
4. In chapter 3, the author will examine the practical applications of Lab Cheat Sheet For Nursing in daily life. This chapter will showcase real-world examples of how Lab Cheat Sheet For Nursing can be effectively utilized in everyday scenarios.
5. In chapter 4, the author will scrutinize the relevance of Lab Cheat Sheet For Nursing in specific contexts. This chapter will explore how Lab Cheat Sheet For Nursing is applied in specialized fields, such as education, business, and technology.
6. In chapter 5, this book will draw a conclusion about Lab Cheat Sheet For Nursing. The final chapter will summarize the key points that have been discussed throughout the book.

The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. This book is highly recommended for anyone seeking to gain a comprehensive understanding of Lab Cheat Sheet For Nursing.

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Table of Contents Lab Cheat Sheet For Nursing

1. Understanding the eBook Lab Cheat Sheet For Nursing
 - The Rise of Digital Reading Lab Cheat Sheet For Nursing
 - Advantages of eBooks Over Traditional Books
2. Identifying Lab Cheat Sheet For Nursing
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Lab Cheat Sheet For Nursing
 - User-Friendly Interface
4. Exploring eBook Recommendations from Lab Cheat Sheet For Nursing
 - Personalized Recommendations
 - Lab Cheat Sheet For Nursing User Reviews and Ratings
 - Lab Cheat Sheet For Nursing and Bestseller Lists
5. Accessing Lab Cheat Sheet For Nursing Free and Paid eBooks
 - Lab Cheat Sheet For Nursing Public Domain eBooks
 - Lab Cheat Sheet For Nursing eBook Subscription Services
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7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Lab Cheat Sheet For Nursing
 - Highlighting and Note-Taking Lab Cheat Sheet For Nursing
 - Interactive Elements Lab Cheat Sheet For Nursing
8. Staying Engaged with Lab Cheat Sheet For Nursing

- Joining Online Reading Communities
- Participating in Virtual Book Clubs
- Following Authors and Publishers Lab Cheat Sheet For Nursing
- 9. Balancing eBooks and Physical Books Lab Cheat Sheet For Nursing
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Lab Cheat Sheet For Nursing
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Lab Cheat Sheet For Nursing
 - Setting Reading Goals Lab Cheat Sheet For Nursing
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Lab Cheat Sheet For Nursing
 - Fact-Checking eBook Content of Lab Cheat Sheet For Nursing
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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