

Human Anatomy and Physiology Laboratory

Exercise 5

Name Ariane Mae P. Del Rosario

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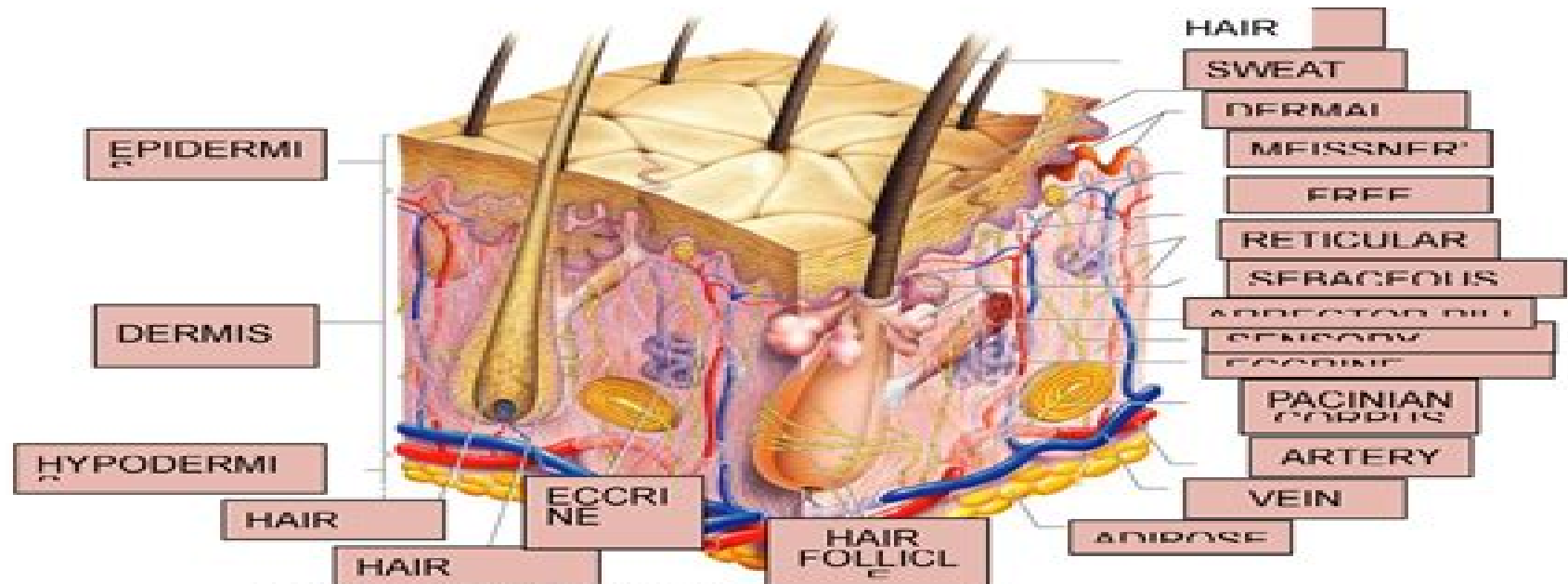
Lab Time/ Date 7am- 10am, september 28,2021

Activity 1 – Basic Skin Structure

A. Name four protective functions of the skin.

1. Protects deeper tissue: It insulates and cushions the deeper body organs and protects the entire body from mechanical damage (bumps and cuts), chemical damage (such as from acids and bases), thermal damage (heat and cold), ultraviolet (UV) radiation (in sunlight), and microbes. The uppermost layer of the skin is hardened, to help prevent water loss from the body surface.
2. Aids in body heat loss or heat retention : The skin's rich capillary network and sweat glands (both controlled by the nervous system) play an important role in regulating heat loss from the body surface.
3. Aids in excretion of urea and uric acid: The skin acts as a mini-excretory system; urea, salts, and water are lost when we sweat.
4. Synthesizes vitamin D: The skin is also a chemical plant; it manufactures several proteins important to immunity and synthesizes vitamin D. (Modified cholesterol molecules in the skin are converted to vitamin D by sunlight.) The skin also produces acidic secretions, called the acid mantle, that protect against bacterial invasion

B. Label the skin structures and areas indicated in the accompanying diagram of skin.



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Prepared by: Dickson M. Dimara, DBS Instructor

Activities are excerpts from Essentials of Human Anatomy and Physiology Lab. Manual 4th edition (E.N.Marieb) and Anatomy and Physiology Coloring Workbook 7th edition (E.N.Marieb)

Human Anatomy Lab Manual Answers Exercise 5

Kevin T Patton, PhD



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Table of Contents Human Anatomy Lab Manual Answers Exercise 5

1. Understanding the eBook Human Anatomy Lab Manual Answers Exercise 5
 - The Rise of Digital Reading Human Anatomy Lab Manual Answers Exercise 5
 - Advantages of eBooks Over Traditional Books
2. Identifying Human Anatomy Lab Manual Answers Exercise 5
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Human Anatomy Lab Manual Answers Exercise 5
 - User-Friendly Interface
4. Exploring eBook Recommendations from Human Anatomy Lab Manual Answers Exercise 5

- Personalized Recommendations
- Human Anatomy Lab Manual Answers Exercise 5 User Reviews and Ratings
- Human Anatomy Lab Manual Answers Exercise 5 and Bestseller Lists
- 5. Accessing Human Anatomy Lab Manual Answers Exercise 5 Free and Paid eBooks
 - Human Anatomy Lab Manual Answers Exercise 5 Public Domain eBooks
 - Human Anatomy Lab Manual Answers Exercise 5 eBook Subscription Services
 - Human Anatomy Lab Manual Answers Exercise 5 Budget-Friendly Options
- 6. Navigating Human Anatomy Lab Manual Answers Exercise 5 eBook Formats
 - ePub, PDF, MOBI, and More
 - Human Anatomy Lab Manual Answers Exercise 5 Compatibility with Devices
 - Human Anatomy Lab Manual Answers Exercise 5 Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Human Anatomy Lab Manual Answers Exercise 5
 - Highlighting and Note-Taking Human Anatomy Lab Manual Answers Exercise 5
 - Interactive Elements Human Anatomy Lab Manual Answers Exercise 5
- 8. Staying Engaged with Human Anatomy Lab Manual Answers Exercise 5
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Human Anatomy Lab Manual Answers Exercise 5
- 9. Balancing eBooks and Physical Books Human Anatomy Lab Manual Answers Exercise 5
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Human Anatomy Lab Manual Answers Exercise 5
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Human Anatomy Lab Manual Answers Exercise 5
 - Setting Reading Goals Human Anatomy Lab Manual Answers Exercise 5
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Human Anatomy Lab Manual Answers Exercise 5

- Fact-Checking eBook Content of Human Anatomy Lab Manual Answers Exercise 5
- Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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