

## TAKE NOTE Theorem

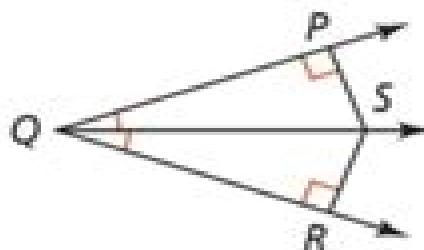
### Angle Bisector Theorem

#### Theorem 5-4

If a point is on the bisector of an angle, then the point is equidistant from the sides of the angle.

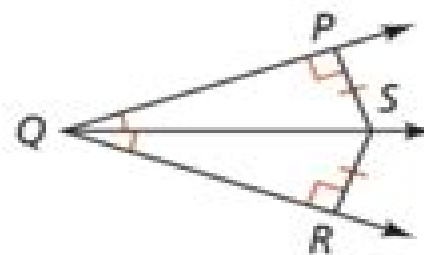
If...

$\overrightarrow{QS}$  bisects  $\angle PQR$ ,  $\overline{SP} \perp \overrightarrow{QP}$ ,  
and  $\overline{SR} \perp \overrightarrow{QR}$



Then...

$SP = SR$



*You will prove Theorem 5-4 in Exercise 34.*

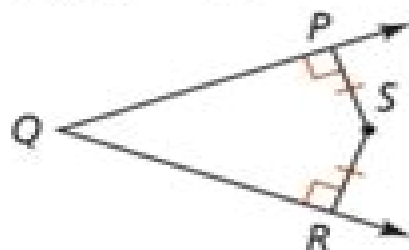
### Converse of the Angle Bisector Theorem

#### Theorem 5-5

If a point in the interior of an angle is equidistant from the sides of the angle, then the point is on the angle bisector.

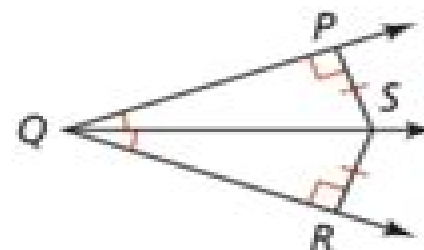
If...

$\overline{SP} \perp \overrightarrow{QP}$ ,  $\overline{SR} \perp \overrightarrow{QR}$ ,  
and  $SP = SR$



Then...

$\overrightarrow{QS}$  bisects  $\angle PQR$



*You will prove Theorem 5-5 in Exercise 35.*

# Lesson 5 Practice A Perpendicular And Angle Bisectors

**A. Rose Primiani**



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web nov 29 2021 ein guter start ist etwa dreimal die woche eine halbe stunde moderates ausdauertraining und zweimal die woche fünf bis sechs krafttraining übungen oder täglich 15 bis 20 minuten die nach und nach gesteigert werden unter moderatem training verstehen herzexperten rund hundert schritte pro minute oder 3 000 schritte in 30 minuten

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web apr 26 2017 forscher der american heart association raten viermal wöchentlich eine viertelstunde lang entspannungs übungen wie yoga oder progressive muskel entspannung durchzuführen das reduziert das herzinfarkt risiko um rund 50 prozent und sorgt für ein gesundes herz